



## Basketball League Substitutions

- Games are divided into 8 segments:
  - ◇ 1st Quarter—A, 1st Quarter—B, 2nd Quarter—A, 2nd Quarter—B, 3rd Quarter—A, 3rd Quarter—B, 4th Quarter—A, 4th Quarter—B
- If a player is found to be playing out of turn while a segment is underway:
  - ◇ The team will be penalized with a Technical Foul that results in 2 free throws
  - ◇ The opposing team will get possession of the ball after the free throw attempts are made
  - ◇ If this occurs in the last segment of the game and overtime follows, that player will only be permitted to play 1 segment in overtime
- No player is allowed to play 3 segments consecutively when there are more than 6 players
  - ◇ This includes injuries, as well as playing 2 segments at the end of the 1st half and the 1st segment of the 2nd half
- Player substitution rules depend on the amount of players on your roster:
  - ◇ 6 players: 4 play 7 segments / 2 play 6 segments
  - ◇ 7 players: 5 play 6 segments / 2 play 5 segments
  - ◇ 8 players: 8 play 5 segments
  - ◇ 9 players: 4 play 5 segments / 5 play 4 segments
  - ◇ 10 players: 10 play 4 segments
  - ◇ 11 players: 7 play 4 segments / 4 play 3 segments
  - ◇ 12 players: 4 play 4 segments / 8 play 3 segments

