



# COUNTY OF UNION

OFFICE OF DANIEL P. SULLIVAN  
*Freeholder Chairman*

## BOARD OF CHOSEN FREEHOLDERS

DANIEL P. SULLIVAN  
*Chairman*

DEBORAH P. SCANLON  
*Vice Chairman*

ANGEL G. ESTRADA

MOHAMED S. JALLOH

BETTE JANE KOWALSKI

ALEXANDER MIRABELLA

RICK PROCTOR

RAYLAND VAN BLAKE

NANCY WARD

GEORGE W. DEVANNEY  
*County Manager*

M. ELIZABETH GENIEVICH,  
C.M.C., M.P.A.  
*Deputy County Manager/  
Director of Administrative  
Services*

ROBERT E. BARRY, ESQ.  
*County Counsel*

NICOLE L. DIRADO,  
R.M.C., M.P.A.  
*Clerk of the Board*

Dear Friends:

Union County is blessed to be a place whose senior residents choose to stay here in their retirement years. More than 18 percent of Union County's population of 524,992 is over 60 years of age and that number is growing.

With this in mind, the County is providing more services to seniors than ever before. We're finding the creation of new senior centers, offering educational programs such as our Senior Scholar Program and providing transportation such as the Seniors in Motion Program.

Our statistics tell the story:

- The Division on Aging's nutrition program provided more than 412,000 hot meals to more than 3500 clients.
- The Division also fielded 51,000 information and assistant calls in the past year.
- The Paratransit system logged more than 777,000 miles and provided over 251,000 one-way trips to seniors and people with disabilities.

As you can see, the Freeholder Board recognizes that the seniors are our greatest links to the past, as well as the best examples for our children and grandchildren on how to live their lives honorably.

In the days ahead, we look forward to continuing to find new and better ways of serving our seniors.

Sincerely

Daniel P. Sullivan, Chairman  
Union County Board of Chosen Freeholders

## ADMINISTRATION BUILDING

Elizabethtown Plaza

Elizabeth, NJ 07207

(908)527-4112

fax(908)289-4143

www.ucnj.org

*We're Connected to You!*



# COUNTY OF UNION

DEPARTMENT OF HUMAN SERVICES

*Frank L. Guzzo, Director*

**BOARD OF  
CHOSEN FREEHOLDERS**

---

DANIEL P. SULLIVAN  
*Chairman*

DEBORAH P. SCANLON  
*Vice Chairman*

ANGEL G. ESTRADA

MOHAMED S. JALLOH

BETTE JANE KOWALSKI

ALEXANDER MIRABELLA

RICK PROCTOR

RAYLAND VAN BLAKE

NANCY WARD

GEORGE W. DEVANNEY  
*County Manager*

M. ELIZABETH GENIEVICH,  
C.M.C., M.P.A.  
*Deputy County Manager/  
Director of Administrative  
Services*

ROBERT E. BARRY, ESQ.  
*County Counsel*

NICOLE L. DIRADO,  
R.M.C., M.P.A.  
*Clerk of the Board*

FRAN BENSON  
*Division Director*

Dear Friends,

The Union County Division on Aging, a Division of the Department of Human Services, publishes this Resource Directory for Older Adults in Union County to help you to be aware of existing services and programs in Union County that are available to older adults and those who care for them.

We have done our best to include up-to-date information about the services and programs that might be beneficial.

I hope that you find this Directory helpful in the event that you or someone you love is in need of one of the available services or programs.

Sincerely,

Frances Benson

Executive Director

Union County Division on Aging

---

**DIVISION ON AGING**

*Administration Building*

Elizabethtown Plaza

Elizabeth, NJ 07207 (908)527-4870 fax(908)659-7410

www.ucnj.org

***We're Connected to You!***



**UNION COUNTY DIVISION ON AGING  
DEPARTMENT OF HUMAN SERVICES**

**Union County Administration Building  
Elizabethtown Plaza, Elizabeth, New Jersey 07207**

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

*- Older Americans Act of 1965, as Amended*

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Americans age 60 and over.

**For Information on Senior Citizen Services**

**Call Toll-Free 1-888-280-8226**

**or 1-908-527-4870 / 1-908-527-4872**

**Fax #: 1-908-659-7410**

**Internet: <http://www.ucnj.org/aging>**

**THE HOME PAGE OF UNION COUNTY'S**

**Departments and Agencies**

**Human Services**

**Division on Aging**

**Para Mas Informacion Acerca De Los  
Programas Hispanos Por Favor Llamar**

**Al: 1-908-527-4863 or 527-4859**

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any senior citizen because of race, creed, color, sex, age, national origin, or marital status. No otherwise qualified handicapped senior citizen shall, solely by reason of his or her handicap, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

## RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY TABLE OF CONTENTS

SERVICES	PAGE
ARE YOU A SENIOR CITIZEN?	3
FREQUENTLY CALLED NUMBERS	5
ELDER CARE LOCATOR	12
ADULT DAY CENTERS	6
ADULT PROTECTIVE SERVICES	7
ALCOHOLISM SERVICES	8
CONSUMER AFFAIRS	9
COUNSELING SERVICES	9
EDUCATION	11
ELDERCARE LOCATOR	12
EMERGENCY MEDICAL I.D. / EMERGENCY RESPONSE SYSTEMS	13
EMPLOYMENT SERVICES	13
FINANCIAL ASSISTANCE	15
HEALTH RELATED SERVICES (Including Dental)	34-36
HEARING IMPAIRED SERVICES	17
HOME CARE	18
HOSPICE PROGRAMS	20
HOSPITALS	21
HOUSING INFORMATION: Homeless / Emergency / Housing Authorities / Housing Units / Assisted Living & Residential Health Care Facilities / Shared Housing / Nursing Homes / Home Repairs	21-29
LEGAL ASSISTANCE	29
MEDICAL INSURANCE AND HEALTH CARE PROGRAMS	30,31
NUTRITION PROGRAM FOR THE ELDERLY: Home Delivered Meals / Congregate (Group) Meals / Other Food Sources	31-33
OTHER HEALTH RELATED SERVICES	34
SENIOR CITIZEN CENTERS	37,38
SENIOR CITIZENS ADVOCACY	39
SUPPORT GROUP INFORMATION	40
TELEPHONE REASSURANCE	40
TRANSPORTATION: Services / Escorted / Senior Citizens Buses	40-41
VETERANS AFFAIRS	42
VISION IMPAIRED SERVICES	42
VOLUNTEER OPPORTUNITIES	43
INDEX	45

## ARE YOU A SENIOR CITIZEN? NEW JERSEY SENIOR CITIZEN ELIGIBILITY:

### AT 55 YEARS OF AGE

- ◆ Senior Community Services Employment Program \*
- ◆ Retired Senior Volunteer Program (RSVP)

### AT 60 YEARS OF AGE

- ◆ Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
- ◆ Social Security Benefits retained by the remarrying widow(er)
- ◆ Transportation Program
- ◆ Nutrition Program (group meals and home delivered meals)
- ◆ Foster Grandparents Program (small weekly stipend to help children with special and exceptional needs) \*
- ◆ Public Guardian for Elderly Adults (609) 341-5555
- ◆ Free Assistance with preparation of federal / state income tax returns
- ◆ Care Management

### AT 62 YEARS OF AGE

- ◆ Reduced fares on all intrastate and most interstate trains and buses
- ◆ Early Retirement Social Security Payments--80% of full benefits
- ◆ Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793
- ◆ Protection from condominium conversion (under certain conditions) \* (800) 792-8820
- ◆ NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
- ◆ Free passes to state parks, forests, and historic sites (800) 843-6420
- ◆ Golden Age Pass to national parks, forests, historic sites, recreation areas (Lifetime \$10)
- ◆ Senior Citizen federally subsidized housing \*
- ◆ Congregate housing services program \*
- ◆ Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

### AT 65 YEARS OF AGE

- ◆ Full Social Security (age 65 plus required months)
- ◆ Full Railroad Retirement Benefits for retirees
- ◆ Certain Federal Income Tax Benefits
- ◆ Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965
- ◆ Reduced fee for Fishing License (609) 292-2965
- ◆ Medicare Coverage
- ◆ State Health Insurance Program for Seniors (S.H.I.P.)
- ◆ Senior Dental Program (sponsored by NJ Dental Association) \*
- ◆ Pharmaceutical Assistance for the Aged and Disabled (PAAD) \*
- ◆ Senior Gold Prescription Discount Program \*
- ◆ Hearing Aid Assistance for the Aged and Disabled (HAAAD) \*
- ◆ Lifeline Utility Credit Program \*
- ◆ Supplemental Security Income (SSI) to aid persons with low incomes \*
- ◆ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
- ◆ Veteran's pension \* (888) 865-8387
- ◆ No Social Security restrictions on amount of income received from employment
- ◆ Certain tax relief programs

### AT 70 YEARS OF AGE

- ◆ No fishing license required (Proof of age will function as fishing license)

\* PROGRAMS WITH INCOME AND OTHER ELIGIBILITY REQUIREMENTS

## STATEWIDE COUNTY OFFICES ON AGING

Atlantic	1-609-645-7700 Ext. 4700
Bergen	1-201-336-7400
Burlington	1-609-265-5069
Camden	1-856-858-3220
Cape May	1-609-886-2784 or -2785
Cumberland	1-856-453-2220 or -2201
Essex	1-973-395-8375
Gloucester	1-856-232-4646
Hudson	1-201-271-4322
Hunterdon	1-908-788-1361 or -1362 or -1363
Mercer	1-609-989-6661 or -6662
Middlesex	1-732-745-3295
Monmouth	1-732-431-7450
Morris	1-973-285-6848
Ocean	1-732-929-2091
Passaic	1-973-569-4060
Salem	1-856-339-8622
Somerset	1-908-704-6346
Sussex	1-973-579-0555
Union	1-908-527-4870 or -4872
Warren	1-908-475-6591

## FREQUENTLY CALLED NUMBERS

<b>Adult Protective Services (Catholic Charities)</b>	<b>1-908-497-3902</b>
<b>American Association of Retired Persons (AARP) - In New Jersey</b>	<b>1-866-542-8165</b> <b>1-888-687-2277</b>
<b>Consumer Affairs, Union County Division of</b>	<b>1-908-654-9840</b>
<b>Disabled, Union County Office for the</b>	<b>1-908-527-4807</b>
<b>Elizabeth Office on Aging</b>	<b>1-908-820-4044</b>
<b>Hispanic Services (Catholic Charities)</b>	<b>1-908-497-3950</b>
<b>Home Energy Assistance Program (HEAP a/k/a LIHEAP)</b>	<b>PROCEED: 1-908-351-7727</b>
<b>Homeless Emergency Services: (For Homeless Individuals, Families, or Victims of Domestic Violence)</b>	
<b>Eastern Union County YWCA</b>	<b>1-908-355-1500</b>
<b>Plainfield Area YMCA</b>	<b>1-908-756-6060</b>
<b>Plainfield Area YWCA Women's Center</b>	<b>1-908-756-3500</b>
<b>Medicaid / District Office</b>	<b>1-732-777-6977</b>
<b>MEDICARE</b>	<b>1-800-633-4227</b>
<b>NJEASE (New Jersey Easy Access Single Entry)</b>	<b>1-877-222-3737</b>
<b>Nursing Home Information (S.A.F.E.)</b>	<b>1-908-497-3950</b>
<b>Office of the Public Guardian for Elderly Adults</b>	<b>1-609-341-5555</b>
<b>Ombudsman for the Institutionalized Elderly</b>	<b>1-609-943-4026</b>
<i>ELDERLY ABUSE HOTLINE:</i>	<b>1-877-582-6995</b>
<b>Parks and Recreation, Union County Division of</b>	<b>1-908-527-4900</b>
<b>Passport Information</b>	Elizabeth: <b>1-908-527-4968</b> Westfield: <b>1-908-654-9859</b>
<b>Psychiatric Emergency Services</b>	<i>CRISIS HOTLINE:</i> <b>1-908-668-2599</b>
<b>Social Security / Medicare ( Call 7 a.m. - 7 p.m.)</b>	<b>1-800-772-1213</b>
<b>State Health Insurance Program (S.H.I.P.) SAGE Eldercare</b>	<b>1-908-273-6999</b>
<b>State Health &amp; Senior Services</b>	<b>1-800-367-6543</b>
<b>Transportation for Seniors</b> (Union County Paratransit System / Reservations)	<b>1-908-241-8300</b>
<b>UNION COUNTY DIVISION ON AGING</b>	Toll Free: <b>1-888-280-8226</b>
(Call about Day Care, Home Care, Education, Employment, Counseling,	<b>1-908-527-4870</b>
Financial Help, Housing, Legal Help, Help with Prescriptions, Support	<b>1-908-527-4872</b>
Group Information, etc.)	For Spanish: <b>1-908-527-4863</b>

## **ADULT DAY CENTERS**

Social Day Care provides developmental, nutritional, and social activities under professional supervision.

Medical Day Care adds prescribed therapies. Transportation is included as a part of the service. Clients may include frail, impaired or isolated elderly. Adult Day Care encourages participants' independence and gives caregivers some free time. *Ask for the Day Care Coordinator.*

<b>2nd HOME ADULT DAY CENTER (Medical)</b> 432 No. Broad Street Elizabeth, NJ 07207	<b>1-908-436-0018</b>
<b>CEDAR HARBOR ADULT MEDICAL DAY CENTER</b> 545 E. First Ave. Roselle, NJ 07203	<b>1-908-298-8588</b>
<b>CIRCLE OF FRIENDS</b> 40 Stern Ave. Springfield, NJ 07081	<b>1-973-376-4004</b>
<b>DAYBREAK ADULT MEDICAL DAY CARE</b> 712 Newark Ave. Elizabeth, NJ 07208	<b>1-908-353-3530</b>
<b>ENGEL SENIOR DAY CARE CENTER (Social / Alzheimer's) *</b> <i>Catholic Charities</i> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3944</b> <b>1-908-497-3945</b>
<b>FIVE-STAR ADULT DAY CARE (Medical)</b> 1201 Deerfield Terrace Linden, NJ 07036	<b>1-908-486-5750</b>
<b>HOME SWEET HOME</b> 550 No. Broad St. Elizabeth, NJ 07201	<b>1-908-994-0050</b>
<b>MUHLENBERG ADULT DAY HEALTH PROGRAM (Medical) *</b> <i>JFK MEDICAL CENTER - Solaris Health Care</i> Park Ave. & Randolph Rd. Plainfield, NJ 07061	<b>1-908-668-2328</b>
<b>SARAH CARE ADULT DAY CARE (Medical / Social / Alzheimers / VA)</b> 130 Route 22 East North Plainfield, NJ 07060 <i>www.SarahCareWS.com</i>	<b>1-908-561-8888</b>
<b>SENIOR SPIRIT MEDICAL DAY CENTER</b> 430 E. Westfield Ave. Roselle Park, NJ 07204	<b>1-908-620-1889</b>
<b>SPEND-A-DAY (Medical / Social / Alzheimer's) *</b> <i>SAGE Eldercare</i> 290 Broad St. Summit, NJ 07901	<b>1-908-598-5520</b>

<b>WISE CENTER (Social / Alzheimer's) *</b> 973A Stuyvesant Ave. Union, NJ 07083	<b>1-908-687-2995</b> <b>1-908-687-2993</b>
--	--

\* Asterix indicates that this agency currently receives funding from the Union County Division on Aging.

**ADULT PROTECTIVE SERVICES**

Counseling and direct help for vulnerable adults who are or may become victims of physical abuse, psychological abuse, neglect, abandonment, financial exploitation or self-neglect. Ask for the APS Coordinator.

<b>ADULT PROTECTIVE SERVICES</b> <i>Catholic Charities</i> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3902</b>
<b>CENTRAL JERSEY LEGAL SERVICES</b> 60 Prince St. Elizabeth, NJ 07208	<b>1-908-354-4340</b>
<b>COMMUNITY HEALTH LAW PROJECT (CHLP)</b> 65 Jefferson Ave. Elizabeth, NJ 07201	<b>1-908-355-8282</b>
<b>OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS</b> PO 812 Trenton, NJ 08625-0812	<b>1-609-341-5555</b>
<b>OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY</b> P.O. Box 812 Trenton, NJ 08625-0807	<b>1-609-943-4023</b> <i>Elderly Abuse HOTLINE:</i> <b>1-877-582-6995</b>
<b>PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS</b> (Medicare Certified and Medicaid Provider)	<b>1-908-668-2599</b>
<b>VICTIM / WITNESS ASSISTANCE PROGRAM</b> 24-52 Rahway Ave., 1st Floor Elizabeth, NJ 07207	<b>1-908-527-4596</b>

## **ALCOHOLISM SERVICES**

Counseling, support, and referral services for recovering alcoholics and their families.  
Preventive education is an integral part of the service.

<b>ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER AT TRINITAS REGIONAL MEDICAL CENTER</b> 655 East Jersey St. Elizabeth, NJ 07206	<b>1-908-994-7043</b>
<b>ALERTOP</b> 332 West Front St. Plainfield, NJ 07060 (Monday, Tuesday, Thursday - 9 to 5)	<b>1-908-753-3082</b>
<b>CHARTER BEHAVIORAL HEALTH SYSTEMS</b> 19 Prospect St. Summit, NJ 07901	<b>1-908-522-7000</b>
<b>PREVENTION LINKS</b> 35 Walnut Ave., Suite 17 Clark, NJ 07066	<b>1-732-381-4100</b>
<b>PROCEED</b> 1126 Dickinson St. Elizabeth, NJ 07201 (Bilingual Services)	<b>1-908-351-7727</b>
<b>SETON CENTER FOR CHEMICAL DEPENDENCY</b> 225 Williamson St. Elizabeth, NJ 07207	<b>1-908-353-8830</b>
<b>UNION COUNTY ALCOHOLISM AND DRUG ABUSE COORDINATOR</b> Administration Building Elizabethtown Plaza Elizabeth, NJ 07207	<b>1-908-527-4837</b>

## **CONSUMER AFFAIRS**

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

<b>CONSUMER AFFAIRS, UNION COUNTY DIVISION OF</b> 300 North Ave. East Westfield, NJ 07090	<b>1-908-654-9840</b>
---	-----------------------

## **COUNSELING SERVICES**

Counseling and psychotherapy for substance abuse and mental illness through individual, family, and group therapy.

<b>ACADIA HOUSE</b> <i>Center for Hope Hospice</i> 175 Glenside Ave. Scotch Plains, NJ 07076 (Bereavement & Grief Counseling Center - West)	<b>1-908-654-3711</b>
<b>ATLANTIC BEHAVIORAL HEALTH INTENSIVE PSYCHIATRIC OUTPATIENT PROGRAM</b> 46-48 Beauvoir Ave. Summit, NJ 07901 (Intensive Care and Psychological Counseling.)	<b>1-908-522-4800</b>
<b>CATHOLIC CHARITIES</b> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3900</b> Hispanic: <b>1-908-497-3950</b>
<b>COUNSELING CENTERS FOR HUMAN DEVELOPMENT</b> 201 Lincoln Ave., East Cranford, NJ 07016	<b>1-908-276-0590</b>
<b>FAMILY AND CHILDREN'S SERVICES</b> 40 North Ave. Elizabeth, NJ 07208	<b>1-908-352-7474</b>
<b>FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL</b> 300 North Ave. Cranford, NJ 07016	<b>1-908-276-2244</b>

**COUNSELING SERVICES** (Continued)

<b>FAMILY SERVICE OF SUMMIT</b> 46-48 Beauvoir Ave. Summit, NJ 07901	<b>1-908-522-4800</b>
<b>JEWISH FAMILY SERVICE AGENCY (Central NJ)</b> 655 Westfield Ave. Elizabeth, NJ 07208	<b>1-908-352-8375</b>
<b>MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC</b> 108 Alden St. Cranford, NJ 07016	<b>1-908-497-3968</b>
<b>PROCEED</b> 1126 Dickinson St. Elizabeth, NJ 07201 <i>(Bilingual Counseling)</i>	<b>1-908-351-7727</b>
<b>PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS</b> <i>(Medicare Certified and Medicaid Provider)</i>	<b>1-908-668-2599</b>
<b>ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY</b> 865 Stone St. Rahway, NJ 07065	<b>1-732-381-4200</b>
<b>RESOURCE CENTER FOR WOMEN, THE</b> <i>Calvary Episcopal Church</i> 31 Woodland Ave. Summit, NJ 07901	<b>1-908-273-7253</b>
<b>SENIOR ADULT FRAIL ELDERLY CENTER (SAFE)</b> <i>Catholic Charities</i> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3950</b>
<b>TRINITAS REGIONAL MEDICAL CENTER GEROPSYCHIATRIC SERVICES</b> 655 East Jersey St. Elizabeth, NJ 07201 <i>(Psychiatric Out-Patient Follow-Up)</i>	<b>1-908-994-7336</b>

## COUNSELING SERVICES (Continued)

<b>U.C.P.C. / PLAINFIELD</b> (Behavioral Health Care) 117-119 Roosevelt Ave. Plainfield, NJ 07060	<b>1-908-756-6870</b>
<b>U.C.P.C. / UNION</b> (Behavioral Health Care) 2204 Morris Ave. Union, NJ 07083	<b>1-908-686-0560</b>
<b>UNITED FAMILY AND CHILDREN'S SOCIETY</b> 305 West 7 <sup>th</sup> St. Plainfield, NJ 07060	<b>1-908-755-4848</b>
<b>WOMEN AND FAMILIES, THE CENTER FOR</b> 1801 East 2 <sup>nd</sup> St. Scotch Plains, NJ 07076 (Support workshops, counseling, tax assistance, legal consults, etc.)	<b>1-908-322-6007</b>
<b>YOUTH AND FAMILY COUNSELING SERVICE</b> 233 Prospect St. Westfield, NJ 07090	<b>1-908-233-2042</b>

## EDUCATION

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

<b>ELDERHOSTEL</b> (a Non-Profit Organization) 75 Federal St. Boston, Mass. 02110-1941 (Provider of high quality, affordable, educational opportunities for older adults.)	<b>1-877-426-8056</b>
<b>KEAN UNIVERSITY</b> 1000 Morris Ave. Union, NJ 07083 (Career Counseling Workshops / Continuing Education)	<b>1-908-527-2210</b>
<b>LEARNING FOR LIFE</b> <i>First Park Baptist Church</i> 315 West 7th St. Plainfield, NJ 07060	<b>1-908-756-5322</b>
<b>LEARNING IS FOREVER</b> – <i>Union County College</i>	<b>1-908-497-4360</b>
Cranford Campus	<b>1-908-709-7000</b>
Elizabeth Campus	<b>1-908-965-6000</b>
Plainfield Campus	<b>1-908-412-3599</b>
Scotch Plains Campus	<b>1-908-889-2483</b>

## **EDUCATION** (Continued)

<b>LITERACY VOLUNTEERS OF AMERICA, NEW JERSEY</b> c/o LVA-NJ 120 FINDERNE AVE., #15 BRIDGEWATER, NJ 08807	<b>1-800-848-0048</b>
<b>LITERACY VOLUNTEERS OF UNION COUNTY</b> <i>Elizabeth Public Library</i> 11 South Broad St. Elizabeth, NJ 07202	<b>1-908-354-6060</b> <b>ext. 214</b>
<b>NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION</b> 65 Jefferson Ave., 4th Floor Elizabeth, NJ 07201	<b>1-908-820-3112</b>
<b>RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY</b> 300 North Ave., East Westfield, NJ 07090	<b>1-908-654-9854</b>
<b>SELF-HELP GROUP CLEARING HOUSE</b> 100 E. Hanover Ave., Suite 202 Cedar Knolls, NJ 07927	<b>1-800-367-6274</b>
<b>UNION COUNTY COLLEGE</b> 1033 Springfield Ave. Cranford, NJ 07016 Branches: 12 W. Jersey St., Elizabeth 232 E. 2 <sup>nd</sup> St., Plainfield 1200 Raritan Rd., Scotch Plains	<b>1-908-709-7100</b>  <b>1-908-965-6000</b> <b>1-908-412-3591</b> <b>1-908-889-2400</b>
<b>UNION COUNTY SENIOR SCHOLARS - <i>Union County College</i></b> (Free for Union County residents aged 60+)	<b>1-908-709-7600</b>
<b>UNIVERSITY WITHOUT WALLS, DOROT</b> (Classes and support groups for homebound and homeless elderly) Website: <a href="http://www.dorotusa.org">www.dorotusa.org</a>	<b>1-212-769-2850</b>

## **ELDERCARE LOCATOR**

To find information about community services for older people beyond Union County, i.e. anywhere in the United States and its territories, go to:

<b>ELDERCARE LOCATOR</b> Website: <a href="http://www.eldercare.gov">www.eldercare.gov</a>	<b>1-800-677-1116</b>
---	-----------------------

## **EMERGENCY MEDICAL IDENTIFICATION**

To order bracelets or necklaces with medical information:

<b>AMERICAN MEDICAL IDENTIFICATION</b>	<b>1-800-363-5985</b>
<b>MEDIC ALERT</b>	<b>1-800-432-5378</b>
<b>TOWNSHIP OF UNION SENIOR CENTER</b> <i>("Emerg Alert" bracelet, for Union Township residents only)</i> 968 Bonnel Ct. Union, NJ 07083	<b>1-908-851-5290</b>

## **EMERGENCY RESPONSE SYSTEMS**

These response systems provide isolated frail individuals with 24-hour access to pre-designated outside sources of help. For emergencies, dial 911.

<b>GREGORIO CENTER</b> (serves Linden Area only) 330 Helen St. Linden, NJ 07036	<b>1-908-474-8627</b>
<b>LIFE LINE PROGRAM</b>	<b>1-800-852-5433</b>
<b>PERSYS: Personal Emergency Response System</b>	NJ: <b>1-800-492-4051</b> USA: <b>1-800-631-7370</b>
<b>PROJECT LIFESAVER PROGRAM</b> - Union Co. Sheriff's Office	<b>1-908-273-1608</b>
<b>SOLARIS HEALTH SYSTEM</b> ("Life Line") J.F.K. / Muhlenberg Regional Medical Center	<b>1-800-579-3341</b>
<b>WISE DAY CARE</b> ("PERSYS") 2343 Morris Ave. Union, NJ 07083	<b>1-908-687-2995</b>

## **EMPLOYMENT SERVICES**

Training and job placement opportunities for senior citizens seeking part or full time employment. Ask for the Job Placement Coordinator.

<b>ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY</b> 52 Fadem Rd. Springfield, NJ 07081	<b>1-973-315-0000</b>
<b>DIVISION OF VOCATIONAL REHABILITATION</b> 65 Jefferson Ave. 4th Floor Elizabeth, NJ 07201 <i>Employment Services for the Disabled</i>	<b>1-908-820-3112</b>

**EMPLOYMENT SERVICES** (Continued)

<b>DIVISION OF WORKFORCE DEVELOPMENT</b> <i>Union County Department of Human Services</i> 1 Elizabethtown Plaza, 4 <sup>th</sup> Floor Elizabeth, NJ 07207	<b>1-908-527-4880</b>
<b>EASTER SEALS OF NEW JERSEY</b> 25 Kennedy Blvd., Suite 600 East Brunswick, NJ 08816	<b>1-732-257-6662</b>
	Elizabeth Office <b>1-908-558-8000</b> ext. 3967
	Plainfield Office: <b>1-908-412-7976</b>
<b>KEAN UNIVERSITY - CONTINUING EDUCATION</b> 1000 Morris Ave. Union, NJ 07083 <i>Career Counseling Workshops</i>	<b>1-908-737-3430</b>
<b>OLDER WORKER PROGRAM</b> <i>Union County Division on Aging</i> County Administration Building, 4th Floor Elizabeth, NJ 07207	<b>1-908-527-4858</b>
<b>OLDER WORKERS BENEFIT PROTECTION</b> c/o Equal Employment Opportunities Commission (EEOC) Washington DC <i>Employment Services / Government Agency</i>	<b>1-202-663-4692</b> <b>1-202-663-4637</b>
<b>ONE STOP CAREER CENTER (EAST)</b> <i>Union County Department of Human Services - Eastern Division</i> 921 Elizabeth Avenue Elizabeth, NJ 07201	<b>1-908-558-8000</b>
<b>ONE STOP CAREER CENTER (WEST)</b> <i>Union County Department of Human Services - Western Division</i> 200 W. Second St. Plainfield, NJ 07060	<b>1-908-757-9090</b>
<b>ONE STOP CAREER CENTER SATELLITE OFFICE</b> <i>Union County College</i> 12-24 W. Jersey St. – Room 600 Elizabeth, NJ 07207	<b>1-908-659-5214</b>
<b>PROFESSIONAL SERVICE GROUP</b> 506 Jersey Ave. New Brunswick, NJ 08901	<b>1-732-418-3304</b>

**EMPLOYMENT SERVICES** (Continued)

<b>STATE EMPLOYMENT SERVICES OF NEW JERSEY</b> <i>Workforce of New Jersey</i> 208 Commerce Pl., 1st Floor Elizabeth, NJ 07201	<b>1-908-820-3200</b>
<b>UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION, INC.</b> <i>Serves Union Twp. residents only.</i> 2410 Springfield Ave. Vauxhall, NJ 07088	<b>1-908-686-6150</b>
<b>U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION</b> 1 Newark Center, 21st Floor Newark, NJ 07102-5233 (Web site: <a href="http://www.eeoc.gov/">http://www.eeoc.gov/</a> )	<b>1-800-669-4000</b> TDD: <b>1-800-669-6820</b> <b>1-973-645-6383</b> Inquiries: <b>1-973-645-3004</b>
<b>WORKFORCE 55+</b> <i>Department of Labor</i> 200 W. Second St. Plainfield, NJ 07060	<b>1-908-412-7969</b>

**FINANCIAL ASSISTANCE**

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses. These may be subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

<b>CANCER CARE OF NEW JERSEY</b> 141 Dayton St., Suite 204 Ridgewood, NJ 07450 <i>Financial assistance for home care.</i>	<b>1-800-813-4673</b>
<b>COMMUNITY HEALTH LAW PROJECT (CHLP)</b> 65 Jefferson Ave. Elizabeth, NJ 07201	<b>1-908-355-8282</b>
<b>COMMUNITY HEALTH LAW PROJECT</b>	Bloomfield Office: <b>1-973-680-5599</b>
<b>ELIZABETH, CITY OF - OFFICE ON AGING</b> 50 Winfield Scott Plaza, Rm. G8 Elizabeth, NJ 07201 <i>For age 60+: Discount I.D. for Elizabeth residents and help with filling out forms on Thursdays 9:00 am – 3:00 pm; Housing Assistance.</i>	<b>1-908-820-4044</b> Hispanic Services: <b>1-908-820-4089</b>
<b>FOOD STAMP PROGRAM</b>	Elizabeth Area: <b>1-908-965-2700</b> Plainfield Area: <b>1-908-791-7000</b>
<b>HOME ENERGY ASSISTANCE PROGRAM, LOW INCOME (LIHEAP)</b> <i>Heating / Medically necessary cooling.</i> To download an application, go to <a href="http://www.energyassistance.nj.gov">www/energyassistance.nj.gov</a>	<b>1-908-351-7727</b>
<b>INTERNAL REVENUE SERVICE</b> 970 Broad St. Newark, NJ 07102 <i>For Income Tax help prior to April 15<sup>th</sup>, write PO Box 668, Newark, NJ 07101.</i>	<b>1-800-829-1040</b> <b>1-973-645-6690</b>

**FINANCIAL ASSISTANCE** (Continued)

<b>JEWISH FAMILY SERVICES / Friend Advocate Program</b> 655 Westfield Ave. Elizabeth, NJ 07208 <i>Volunteers help the frail elderly in their homes with budgets, bill-paying; escorted transportation can be provided.</i>	<b>1-908-352-8375</b>
<b>LIFELINE PROGRAM</b> (Help with Utility Bills) P.O. Box 714 Trenton, NJ 08625-0714	<b>1-800-792-9745</b>
<b>MUNICIPAL WELFARE DEPARTMENTS</b> - Contact Local City or Town	<b>Welfare Director</b>
<b>NEW JERSEY DEPT. OF THE TREASURY</b> (Division on Taxation) 124 Halsey St. Newark, NJ 07101	<b>1-973-648-4700</b>
<b>NEW JERSEY INHERITANCE TAX</b> (Division on Taxation) 124 Halsey St. Newark, NJ 07101	<b>1-973-648-3486</b>
<b>NEW JERSEY S.H.A.R.E.S.</b> - Statewide Heating Assistance & Referral for Energy Services. Website: <a href="http://www.njshares.org">www.njshares.org</a>	<b>1-609-252-1211</b> <b>1-866-657-4273</b>
<b>PHARMACEUTICAL ASSISTANCE PLAN (PAAD)</b> P.O. Box 715 Trenton, NJ 08625-0715 <i>Help with prescription costs, if qualified</i>	<b>1-800-792-9745</b>
<b>PROPERTY TAX REDUCTIONS</b> – Contact Your Local City or Town	<b>Tax Assessor</b>
<b>REVERSE MORTGAGES</b> - HUD Counseling Urban League:	<b>1-908-351-7200</b>
<b>SENIOR CITIZENS COUNCIL OF UNION COUNTY, NJ, INC.</b> 2187 Morris Ave. Union, NJ 07083	<b>1-908-964-7555</b>
<b>SENIOR GOLD</b> P.O. Box 724 Trenton, NJ 08625-0724 <i>Prescription discount program for those who earn too much to qualify for PAAD.</i>	<b>1-800-792-9745</b>
<b>SOCIAL SECURITY / MEDICARE</b> 547 Morris Ave. Elizabeth, NJ 07208	(Call 7:00 am – 7:00 pm) <b>1-800-772-1213</b> TTY / TDD: <b>1-800-325-0778</b>
<b>SOCIAL SERVICES, UNION COUNTY DIV. OF</b> (Adult Services) 342 Westminster Ave. Elizabeth, NJ 07207	<b>1-908-965-2700</b> <b>1-908-965-3745</b>
<b>SOCIAL SERVICES, UNION COUNTY DIV. OF</b> (Adult Services) 200 West Second St. Plainfield, NJ 07060	<b>1-908-791-7000</b>
<b>TAX-AID PROGRAM, UNION CO.</b> <i>Help with filling out Income Tax Forms</i> <i>Volunteer Income Tax Assistance [VITA] is also available in local libraries.</i>	Community Access Unlimited: <b>1-908-354-3040</b> Catholic Charities: <b>1-908-497-3950</b>

**FINANCIAL ASSISTANCE** (Continued)

<b>TAXATION BOARD, UNION CO.</b> (For questions on property taxes)	<b>1-908-527-4775</b>
<b>TAXATION, STATE DIVISION OF</b>	Touch-Tone Phone: <b>1-800-323-4400</b>
	Rotary Dial Phone: <b>1-609-292-6400</b>
Jersey FAIR Homeowner Rebate Tax Application	<b>1-877-658-2972</b>
FAIR hotline available weekdays 8:30am–4:30 pm	<b>1-888-238-1233</b>
Property Tax Reimbursement (Senior Freeze) weekdays 8:30 am–4:30 pm	<b>1-800-882-6597</b>
Website: <i>www.state.nj.us/treasury/taxation</i>	
<b>URBAN LEAGUE OF ELIZABETH</b>	<b>1-908-351-7200</b>
288 North Broad St. Elizabeth, NJ 07208	
<b>VIOLENT CRIMES COMPENSATION BOARD</b>	<b>1-800-242-0804</b>
50 Park Pl., 6th Floor Newark, NJ 07102	

**GERIATRIC ASSESSMENT PROGRAMS**

Evaluation, diagnosis and treatment of dementia and mental health disorders. An asterisk (\*) indicates that a professional from this facility will go into the home to make an assessment.

<b>ATLANTIC HEALTH SYSTEM – Overlook Hospital *</b>	<b>1-908-964-8010</b>
Senior Outreach Program at University Health Center at Vauxhall	<b>Ext. 106</b>
3 Farrington St. Vauxhall, NJ 07088	
<b>COPSA INSTITUTE FOR ALZHEIMER'S DISEASE &amp; RELATED DISORDERS</b>	
(Comprehensive Outreach Program for Senior Adults)	NJ residents: <b>1-800-424-2494</b>
UMDNJ – COPSA	Out of state: <b>1-732-235-4356</b>
667 Hoes Lane	To schedule appointment: <b>1-800-969-5300</b>
Piscataway, NJ 08855	
<b>NEWARK BETH ISRAEL MEDICAL CENTER FOR GERIATRICS *</b>	<b>1-973-926-8491</b>
156 Lyons Ave. Newark, NJ 07112	
<b>TRINITAS REGIONAL MEDICAL CENTER *</b>	<b>1-908-994-7336</b>
655 E. Jersey St. Elizabeth, NJ 07206	

**HEARING IMPAIRED SERVICES**

Education, training, and support services for deaf and hearing-impaired senior citizens

<b>HEAR NOW</b>	<b>1-800-648-4327</b>
<b>HEARING AID ASSISTANCE to the AGED &amp; DISABLED</b>	<b>1-800-792-9745</b>
P.O. BOX 715 Trenton, NJ 08625-0715	

<b>PASTORIAL MINISTRY WITH THE DEAF</b> (Archdiocese of Newark) 171 Clifton Avenue Newark, NJ 08104-0500	TTY: 1-973-497-4311 1-973-497-4312
<b>NEW JERSEY ASSOCIATION OF THE DEAF - BLIND</b> 24 World's Fair Drive, Suite K Somerset, NJ 08873-1349	TTY: 1-732-805-1912 1-732-805-0235
<b>NEW JERSEY DIVISION OF THE DEAF AND HARD OF HEARING</b>	Voice and TTY: 1-609-984-7281 1-800-792-8339
<b>ST. MATTHEW'S LUTHERAN CHURCH FOR THE DEAF</b> 2222 Vauxhall Rd. Union, NJ 07083 <i>gracelu4U@yahoo.com</i>	Voice: 1-908-686-3965
<b>VA MEDICAL CENTER</b>	1-973-676-1000 ext. 1842

## **HOME CARE - CAREGIVER SERVICES**

Skilled nursing, home health aide, and homemaker services ease the burdens of extended home care, enabling senior citizens to maintain maximum independence in their homes. Services include homemaking, personal care, physical therapy, occupational therapy, speech therapy, medical social work, nutrition counseling, and/or medical health counseling. Some of these are covered by Medicare, Medicaid, or private health insurance; others are funded by state and county social service agencies. In arranging for service, it is advisable to check your coverage.

<b>AMAZING GRACE NURSING CARE SERVICE</b> 2165 Morris Ave., Suite 1A Union, NJ 07083	1-908-206-9988
<b>ARTISAN HOMECARE</b> 6 North Union Ave., Suite 1 Cranford, NJ 07016	1-800-272-5484
<b>ATLANTIC HEALTH SYSTEM</b> 3 Farrington St. Vauxhall, NJ 07088	1-908-964-8010 Ext. 106
<b>BAYADA NURSES</b> 324 Chestnut St. Union, NJ 07083	1-908-687-6363
<b>COMFORCARE SENIOR SERVICES</b> 1199 Route 22 East Mountainside, NJ 07092	1-908-408-5220
<b>COMFORT KEEPERS</b> One Mountain Boulevard Warren, NJ 07059	1-732-369-3639
<b>COMPANION CARE LLC</b> P.O. Box 6265 Hillsborough, NJ 08844	1-908-688-4423

<b>HELPING HANDS HOMECARE</b> 77 Central Ave. Clark, NJ 07066	<b>1-908-451-0715</b>
<b>HOLY REDEEMER HOME CARE – formerly VNHS *</b> <b>Referrals:</b> P.O. Box 170, Elizabeth, NJ 07208 <b>Offices:</b> 354 Union Ave., Elizabeth, NJ 07208	<b>1-908-352-5694</b> <b>1-800-255-8986</b>
<b>HOME INSTEAD SENIOR CARE</b> 66 Morris Ave. Springfield, NJ 07081	<b>1-973-379-4910</b>
<b>JEWISH FAMILY SERVICE OF CENTRAL NEW JERSEY *</b> 655 Westfield Ave. Elizabeth, NJ 07208	<b>1-908-352-8375</b>
<b>JFK MEDICAL CENTER – MUHLENBERG CAMPUS</b> Park Ave. and Randolph Rd. Plainfield, NJ 07061	<b>1-908-668-2253</b>
<b>METROPOLITAN HOME CARE</b> 1801 East 2 <sup>nd</sup> St., Lower Level Scotch Plains, NJ 07076	<b>1-908-322-8883</b>
<b>PUBLIC HEALTH NURSING BUREAU / ELIZABETH</b> 60 Winfield Scott Plaza Elizabeth, NJ 07201	<b>1-908-820-4000</b> <b>ext. 4250</b>
<b>RESPIRE CARE PROGRAM, STATEWIDE</b> (Relief for Caregivers) <i>Union County Division on Aging (UCDOA)</i> County Administration Building, 4 <sup>th</sup> Floor Elizabeth, NJ 07207	<b>1-908-527-4873</b>
<b>RIGHT AT HOME</b> 10 Fairmount Ave. Chatham, NJ 07928	<b>1-973-701-9832</b>
<b>SAGE ELDERCARE HOME CARE *</b> 290 Broad St. Summit, NJ 07901 <a href="http://www.sageeldercare.org">www.sageeldercare.org</a>	<b>1-908-273-8400</b>
<b>UNION TWP. COMMUNITY ACTION ORGANIZATION, INC. *</b> 2410 Springfield Ave. Vauxhall, NJ 07088	<b>1-908-686-6150</b>

**\*Asterix indicated that this agency currently receives funding from the Union County Division on Aging**

## **HOSPICE PROGRAMS**

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

<b>ATLANTIC HOSPICE CARE</b> 33 Bleeker St. Millburn, NJ 07041	<b>1-973-379-8440</b>
<b>CENTER FOR HOPE HOSPICE &amp; PALLIATIVE CARE</b> 1900 Raritan Rd. Scotch Plains, NJ 07076 <i>www.centerforhope.com</i>	<b>1-908-889-7780</b>
<b>FATHER HUDSON HOUSE (Hospice Assisted Living Facility)</b> <i>Center for Hope Hospice</i> 111 Dehart Place Elizabeth, NJ 07202	<b>1-908-353-6060</b>
<b>PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility)</b> <i>Center for Hope Hospice</i> 1900 Raritan Rd. Scotch Plains, NJ 07076	<b>1-908-889-7780</b>
<b>ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY</b> 865 Stone St. Rahway, NJ 07065	<b>1-732-499-6169</b>
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b> (Provides in-patient hospice and palliative care) 40 Watchung Way Berkeley Heights, NJ 07922	<b>1-908-771-5700</b>

## HOSPITALS

<b>CHILDREN'S SPECIALIZED HOSPITAL</b> 150 New Providence Rd. Mountainside, NJ 07092	<b>1-908-233-3720</b>
<b>OVERLOOK HOSPITAL</b> 99 Beauvoir Ave. P.O. Box 220 Summit, NJ 07901-0220	<b>1-908-522-2000</b>
<b>ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY</b> 865 Stone St. Rahway, NJ 07065	<b>1-732-381-4200</b>
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b> 40 Watchung Way Berkeley Heights, NJ 07922	<b>1-908-771-5700</b>
<b>TRINITAS REGIONAL MEDICAL CENTER (New Point Campus)</b> 655 East Jersey St. Elizabeth, NJ 07206	<b>1-908-994-8600</b>
<b>TRINITAS REGIONAL MEDICAL CENTER (Williamson Street Campus)</b> 225 Williamson St. Elizabeth, NJ 07207	<b>1-908-994-5000</b>

## HOUSING INFORMATION

Homelessness, Emergency Services, Housing Authorities, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. *Subsidized senior housing is available in the communities listed. There may be long waiting lists for placement.*

<b>HOMELESS PREVENTION CENTER</b> 65 Jefferson Ave. Elizabeth, NJ 07202	<b>1-908-355-5910</b>
<b>HOMELESS PREVENTION PLANNER OF UNION COUNTY</b>	<b>1-908-527-4839</b>
<b>EMERGENCY SERVICES:</b> <i>For Homeless Individuals, Families, or Victims of Domestic Violence</i> <b>Plainfield Area YMCA</b> 518 Watchung Ave., Plainfield, NJ 07060	<b>1-908-756-6060</b>
<b>YWCA of Eastern Union County (Emergency Shelter)</b> 1131 E. Jersey St., Elizabeth NJ 07201 <i>(Mailing address: P.O. Box 744, Cranford, NJ 07016)</i>	<b>1-908-355-1500</b>
<b>Plainfield Area YWCA Women's Center (Females Only)</b> <i>Referrals to shelters for food, clothing; workshops &amp; computer classes; assistance in employment referrals</i> 232 E. Front St., Plainfield, NJ 07060	<b>1-908-756-3500</b>

## **HOUSING AUTHORITIES**

Congregate or group meals are served in units marked with an asterisk \*

<b>ELIZABETH, HOUSING AUTHORITY OF</b>		<b>1-908-965-2400</b>
688 Maple Ave., Elizabeth, NJ 07202		
(4 Units)	Farley Towers *	33 Cherry St.
	Ford Leonard Towers	69 Division St.
	Kennedy Arms Apartments	70 Westfield Ave.
	O'Donnell-Dempsey *	632 Salem Ave.
<b>LINDEN, HOUSING AUTHORITY OF</b>		<b>1-908-298-3820</b>
1601 Dill Ave., Linden, NJ 07036		
(2 Units)	Ann Ferguson Towers *	1601 Dill Ave.
	Murawski Towers	1551 Dill Ave.
	John T. Gregorio Towers *	1425 Dill Ave.
<b>PLAINFIELD, HOUSING AUTHORITY OF</b>		<b>1-908-769-6335</b>
510 East Front St., Plainfield, NJ 07060		
(1 Unit)	Richmond Towers *	510 East Front St.
<b>RAHWAY, HOUSING AUTHORITY OF</b>		<b>1-732-388-3546</b>
165 East Grand Ave. Rahway, NJ 07065		
(3 Units)	Kennedy Apartments *	250 Grand Ave., West
	Walter Schafferhauser Towers	165 East Grand Ave.
	Clifford Case Memorial Apts.	337 West Milton Ave.
<b>SUMMIT, HOUSING AUTHORITY OF</b>		<b>1-908-273-6413</b>
Summit, NJ 07901		
(1 Unit)	Senior Housing Unit	12 Chestnut Ave.

## HOUSING UNITS

### CRANFORD

<b>Gill Apartments</b> 40 Meeker Ave., Cranford, NJ 07016	<b>1-908-272-9180</b>
<b>Lincoln Apartments *</b> 800 Lincoln Ave., East, Cranford, NJ 07016	<b>1-908-931-0194</b>

### ELIZABETH

<b>Alexian Manor</b> 122 Seventh St., Elizabeth, NJ 07201	<b>1-908-352-0080</b>
<b>Elizabeth Towers</b> 315 West Grand St., Elizabeth, NJ 07202	<b>1-908-355-4500</b>
<b>Heritage Village at Elizabeth</b> 225 Second St., Elizabeth, NJ 07206	<b>1-908-965-1160</b>
<b>Immaculate Conception</b> 59-63 Westfield Ave., Elizabeth, NJ 07208	<b>1-908-289-1911</b>
<b>Winfield Scott Tower</b> 323 No. Broad St., Elizabeth, NJ 07208	<b>1-973-540-0230</b> <b>Ext. 17</b>

### LINDEN

<b>Morningstar Court *</b> 701 Cranford Ave., Linden, NJ 07036	<b>1-908-486-8200</b>
---	-----------------------

### PLAINFIELD

<b>Cedarbrook Park Apartments</b> 1272 Park Ave., Plainfield, NJ 07060	<b>1-908-756-5656</b>
<b>Covenant Manor</b> 623 E. Front St., Plainfield, NJ 07060	<b>1-908-791-9430</b>
<b>Plainfield Tower West *</b> 601 West Seventh St., Plainfield, NJ 07060	<b>1-908-668-1963</b> TTY: <b>1-908-668-0005</b>

### RAHWAY

<b>Golden Age Towers *</b> 200-220 East Milton Ave., Rahway, NJ 07065	<b>1-732-499-7950</b>
--	-----------------------

### ROSELLE

<b>Roselle Senior Citizen Housing – Pinewood Hall</b> 250 West Second Ave., Roselle, NJ 07203	<b>1-908-241-5414</b>
<b>ROSELLE SENIOR HOUSING</b> 400 Grand St., Roselle, NJ 07203	<b>1-908-289-9007</b>
<b>Sheridan Gardens</b> 533 E. 2 <sup>nd</sup> Ave., Roselle, NJ 07203	<b>1-973-620-1371</b>

## SCOTCH PLAINS

<b>Senior Citizen Housing</b> 2002 Lake Ave., Scotch Plains, NJ 07076	<b>1-908-654-1313</b>
--	-----------------------

## SPRINGFIELD

<b>Springfield Senior Citizen Housing, Inc.</b> 350 Independence Way, Springfield, NJ 07081	<b>1-973-467-1480</b>
--	-----------------------

## UNION

<b>Ehrhart Gardens *</b> 100 Francis Ct., Union, NJ 07083	<b>1-908-688-0565</b>
--	-----------------------

<b>Nora Gardens</b> Senior Housing Corporation #3, 1775 Burnet Ave., Union, NJ 07083	<b>1-908-686-9100</b>
---	-----------------------

<b>Schaefer Gardens *</b> 35 W. Sumner Ave. Union, NJ 07083	<b>1-908-964-9343</b>
---	-----------------------

## WESTFIELD

<b>First Westfield Senior Citizen Housing Corp.</b> 1133 Boynton Ave., Westfield, NJ 07090	<b>1-908-233-5898</b>
---	-----------------------

<b>Second Westfield Senior Citizen Housing Corp.</b> 1129 Boynton Ave., Westfield, NJ 07090	<b>1-908-518-9586</b>
--	-----------------------

## **ASSISTED LIVING AND RESIDENTIAL HEALTH CARE FACILITIES**

*Assisted Living Facilities* provide coordinated supportive personal and health services.

*Residential Health Care Facilities* are for those who require very little or no medical supervision.

<b>AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living)</b> 1155 E Jersey St. Elizabeth, NJ 07201	<b>1-908-352-9200</b>
---	-----------------------

<b>ATRIA IN CRANFORD</b> 10 Jackson Dr. Cranford, NJ 07016	<b>1-908-709-4300</b>
--	-----------------------

<b>BIRCHWOOD SQUARE</b> 205 Birchwood Ave. Cranford, NJ 07016	<b>1-908-272-6660</b>
---	-----------------------

<b>BRIGHTON GARDENS</b> 1801 Oak Tree Rd. Edison, NJ 08820	<b>1-732-767-1031</b>
--	-----------------------

<b>BRIGHTON GARDENS</b> 1350 Route 22 West Mountainside, NJ 07092	<b>1-908-654-4460</b>
---	-----------------------

<b>THE CHELSEA AT FANWOOD</b> 295 South Ave. Fanwood, NJ 07023	<b>1-908-654-5200</b>
--	-----------------------

<b>DELAIRE NURSING &amp; CONVALESCENT CENTER</b> 400 W. Stimpson Ave. Linden, NJ 07036	<b>1-908-862-3399</b>
<b>SPRING MEADOWS OF SUMMIT</b> 41 Springfield Ave. Summit, NJ 07096	<b>1-908-522-8852</b>
<b>SUNRISE SENIOR LIVING OF WESTFIELD</b> 240 Springfield Ave. Westfield, NJ 07090	<b>1-908-317-3030</b>
<b>THE WOODLANDS / GENESIS ELDERCARE</b> 1400 Woodland Ave. Plainfield, NJ 07060	<b>1-908-753-1113</b>

## **SHARED HOUSING**

<b>CARE MANAGEMENT 2000, INC.</b> 258 Park St. Upper Montclair, NJ 07043	<b>1-973-655-0121</b>
<b>COMMUNITY ACCESS UNLIMITED</b> 80 West Grand St. Elizabeth, NJ 07207	<b>1-908-354-3040</b>

## **NURSING HOMES**

<b>ABBOTT MANOR</b> 810 Central Ave. Plainfield, NJ 07060	<b>1-908-757-0696</b>
<b>ASHBROOK NURSING HOME</b> 1610 Raritan Rd. Scotch Plains, NJ 07076	<b>1-908-889-5500</b>
<b>BERKELEY MEADOWS NURSING HOME</b> 311 Springfield Ave. Berkeley Heights, NJ 07922	<b>1-908-464-9260</b>
<b>BERKELEY HEIGHTS CONVALESCENT CENTER</b> 35 Cottage St. Berkeley Heights, NJ 07922	<b>1-908-464-0048</b>
<b>BROTHER BONAVENTURE EXTENDED CARE CENTER</b> 655 East Jersey St. Elizabeth, NJ 07206	<b>1-908-965-7050</b>
<b>CLARK NURSING &amp; REHABILITATION CENTER</b> 1213 Westfield Ave. Clark, NJ 07066	<b>1-732-396-7100</b>
<b>CORNELL HALL NURSING &amp; REHABILITATION CENTER</b> 234 Chestnut St. Union, NJ 07083	<b>1-908-687-7800</b>

<b>CRANFORD HALL NURSING HOME</b> 600 Lincoln Park East Cranford, NJ 07016	<b>1-908-276-7100</b>
<b>CRANFORD HEALTH AND EXTENDED CARE</b> 205 Birchwood Ave. Cranford, NJ 07016	<b>1-908-272-6660</b>
<b>DELAIRE NURSING AND CONVALESCENT CENTER</b> 400 W. Stimpson Ave. Linden, NJ 07036	<b>1-908-862-3399</b>
<b>ELIZABETH NURSING HOME</b> 1048 Grove St. Elizabeth, NJ 07202	<b>1-908-354-0002</b>
<b>ELMORA HILLS HEALTHCARE AND REHABILITATION CENTER</b> 225 W. Jersey St. Elizabeth, NJ 07202 <i>www.elmorahills.com</i>	<b>1-908-353-1220</b>
<b>GENESIS ELDERCARE, WESTFIELD CENTER</b> 1515 Lamberts Mill Rd. Westfield, NJ 07090	<b>1-908-233-9700</b>
<b>GENESIS ELDERCARE, THE WOODLANDS</b> 1400 Woodlands Ave. Plainfield, NJ 07060	<b>1-908-753-1113</b>
<b>GLENSIDE NURSING HOME</b> 144 Gales Dr. New Providence, NJ 07974	<b>1-908-464-8600</b>
<b>HARTWYCK AT CEDARBROOK NURSING &amp; CONVALESCENT CENTER</b> 1340 Park Ave. Plainfield, NJ 07060	<b>1-908-754-3100</b>
<b>HCR MANOR CARE</b> 1180 Route 22 West Mountainside, NJ 07092	<b>1-908-654-0020</b>
<b>NEW JERSEY GERIATRIC CENTER OF WORKMEN'S CIRCLE</b> 225 West Jersey St. Elizabeth, NJ 07202	<b>1-908-353-1220</b>

<b>NORWOOD TERRACE HEALTH CARE CENTER</b> 40-44 Norwood Ave. Plainfield, NJ 07060	<b>1-908-769-1400</b>
<b>PLAZA NURSING AND CONVALESCENT CENTER</b> 456 Rahway Ave. Elizabeth NJ 07202	<b>1-908-354-1300</b>
<b>RAHWAY GERIATRICS CENTER</b> 1777 Lawerence St Rahway, NJ 07065	<b>1-732-499-7927</b>
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b> 40 Watchung Way Berkeley Heights, NJ 07922	<b>1-908-771-5700</b>
<b>SOUTH MOUNTAIN HEALTH CARE &amp; REHABILITATION CENTER</b> 2385 Springfield Ave. Vauxhall, NJ 07088	<b>1-908-688-3400</b>

**NURSING HOME REPORT CARD WEBSITE:**

<p><b>NURSING HOME REPORT CARD WEBSITE:</b> <i><a href="http://www.state.nj.us/health/reportcards.shtml">www.state.nj.us/health/reportcards.shtml</a></i></p>
---

**HOUSING INFORMATION** (Continued)

**HOME REPAIRS**

<b>CRANFORD NEIGHBORHOOD IMPROVEMENT SENIOR HANDYMAN PROGRAM</b> 29 South Ave., West, 2 <sup>ND</sup> Fl. Cranford, NJ 07016	<b>1-908-709-7294</b>
<b>ELIZABETH HOME IMPROVEMENT PROGRAM</b> 50 Winfield Scott Plaza - Room 109 Elizabeth, NJ 07201	<b>1-908-352-8450</b>
<b>HOME SAFETY PROGRAM</b> (Tub grab-bars and railings) <i>Senior Citizens Council of Union County</i> 2187 Morris Ave Union, NJ 07083	<b>1-908-964-7555</b>
<b>MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM</b> 1385 Route 22 E. Mountainside, NJ 07092	<b>1-908-232-4406</b>
<b>PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM</b> 515 Watchung Ave. Plainfield, NJ 07060	<b>1-908-753-3377</b>
<b>PLAINFIELD EMERGENCY HANDYMAN PROGRAM</b> 515 Watchung Ave. Plainfield, NJ 07060	<b>1-908-753-3229</b>
<b>PROCEED, INC.</b> 1126 Dickinson St., Elizabeth, NJ 07201 120 W. 7 <sup>th</sup> St., Suite 105, Plainfield, NJ 07060 (Walk-in) <i>info@proceedinc.com</i>	<b>1-908-351-7727</b> <b>Call Eliz. Office</b>
<b>RAHWAY COMMUNITY DEVELOPMENT &amp; HOUSING PROGRAM</b> Main St. and East Milton Ave. Rahway, NJ 07065	<b>1-732-827-2193</b>
<b>ROSELLE PARK SENIOR HANDYMAN PROGRAM</b> 314 Chestnut St. Roselle Park, NJ 07204	<b>1-908-245-0666</b>

**HOUSING INFORMATION** (Continued)**HOME REPAIRS** (Continued)

<b>UNION TOWNSHIP COMMUNITY DEVELOPMENT PROGRAM</b> 1976 Morris Ave. Union, NJ 07083	<b>1-908-810-7071</b>
<b>UNION CO. MULTI – JURISDICTIONAL REHABILITATION PROG.</b> <i>Development Directions, LLC</i> 1275 Westfield Ave., Suite 3 Rahway, NJ 07065 DOES <u>NOT</u> SERVE: Elizabeth, Rahway, Plainfield, Union, or Winfield Park	<b>1-732-382-8100</b>
<b>URBAN LEAGUE OF ELIZABETH</b> ( <i>Weatherization - Elizabeth Only</i> ) 288 North Broad St. Elizabeth, NJ 07208	<b>1-908-351-7200</b>
<b>WESTFIELD HANDYMAN PROGRAM</b> <i>American Red Cross</i> 321 Elm St. Westfield, NJ 07090	<b>1-908-232-7709</b>

**LEGAL ASSISTANCE**

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

<b>BAR ASSOCIATION, AMERICAN</b>	<b>1-800-373-3529</b>
<b>BAR ASSOCIATION, UNION COUNTY</b>	<b>1-908-354-5984</b>
<i>Lawyer Referral Service</i> (Call Mon. thru Thurs. between 10 am - 1 pm)	<b>1-908-353-4715</b>
<b>CENTRAL JERSEY LEGAL SERVICES</b> 60 Prince St. Elizabeth, NJ 07208 <i>Free legal help for low-income residents of Union County regarding landlord/tenant issues; public entitlements</i>	<b>1-908-354-4340</b>
<b>COMMUNITY HEALTH LAW PROJECT</b> 65 Jefferson Ave. Elizabeth, NJ 07201 <i>Free legal help for low income people with public entitlements and housing</i>	<b>1-908-355-8282</b>
<b>EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)</b>	<b>1-973-645-6383</b>

**LEGAL ASSISTANCE** (Continued)

<b>FRIEND ADVOCATE PROGRAM</b> <i>Jewish Family Service Agency</i> 655 Westfield Ave. Elizabeth, NJ 07208 <i>Volunteers help frail elderly in their homes with: budgets, paying bills, seeking entitlements, and assisted/escorted transportation</i>	<b>1-908-352-8375</b>
<b>PUBLIC DEFENDER, UNION COUNTY</b>	<b>1-908 820-3260</b> <b>1-908 820-3070</b>
<b>STATE DIVISION ON CIVIL RIGHTS</b> <i>Law and Public Safety</i>	<b>1-973-648-2700</b>
<b>SURROGATE, UNION COUNTY</b> Union County Courthouse Elizabeth, NJ 07207 <i>Help with wills, probates and adoptions</i>	<b>1-908-527-4280</b>
<b>VIOLENT CRIMES COMPENSATION BOARD</b> 50 Park Pl., 6th Floor Newark, NJ 07102	<b>1-800-242-0804</b>

**MEDICAL INSURANCE AND HEALTH CARE PROGRAMS**

Health assistance programs which cover or help cover hospital, medical or home care costs. Listed agencies should be contacted directly to determine eligibility.

<b>DIVISION OF SOCIAL SERVICES, UNION COUNTY</b> 342 Westminster Ave. Elizabeth, NJ 07207 (Berkeley Hts., Elizabeth, Hillside, Kenilworth, Linden, Mountainside, New Providence, Roselle, Roselle Park, Springfield, Summit, Union, and Winfield.)	<b>1-908-965-2700</b>
<b>DIVISION OF SOCIAL SERVICES, UNION COUNTY</b> 200 W. Second St. Plainfield, NJ 07060 (Clark, Cranford, Fanwood, Garwood, Rahway, Plainfield, Scotch Plains, and Westfield.)	<b>1-908-791-7093</b>
<b>(GO) GLOBAL OPTIONS</b> <b>for LONG TERM CARE PROGRAM</b> (GO is a consolidation of the CCPED, CAP and Assisted Living Programs)	Eastern Union Co. <b>1-908-965-2700</b> Western Union Co. <b>1-908-791-7000</b>
<b>MEDICAID DISTRICT OFFICE</b> 45 Kilmer Rd. Edison, NJ 08817	<b>1-732-777-6977</b>

## MEDICAL INSURANCE & HEALTH CARE PROGRAMS (Continued)

<b>MEDICARE / SOCIAL SECURITY OFFICE</b> - Call from 7:00 am to 7:00 pm 547 Morris Ave. Elizabeth, NJ 07208	<b>1-800-772-1213</b>
<b>MEDICARE TOLL-FREE NUMBER</b>	<b>1-800-633-4227</b>
<b>MEDICARE FRAUD</b>	To Report Fraud: <b>1-800-638-6833</b>
<b>NEW JERSEY CARE</b> (Special Medicaid Program) 342 Westminster Ave. Elizabeth, NJ 07208	Main #: <b>1-908-965-2700</b> <b>1-908-965-3509</b> <b>1-908-965-3731</b>
<b>NEW JERSEY MEDICARE OFFICE</b> (Exact Medicare) P.O. Box 890413 Champhill, PA 17089 (Medicare Part B Office for NJ & PA)	<b>1-800-462-9306</b>
<b>SENIOR CITIZENS MEDICAL COURTESY PROGRAM</b> <i>Senior Citizens Council of Union County</i> 2165 Morris Ave. Union, NJ 07083	<b>1-908-964-7555</b>
<b>SHIP – STATE HEALTH INSURANCE PROGRAM</b> (See below)	
<b>STATE HEALTH INSURANCE PROGRAM (S.H.I.P.)</b> (Counseling on insurance choices & service forms)	<b>1-908-273-6999</b>

## NUTRITION PROGRAM FOR SENIORS

This section lists congregate (group) nutrition sites which serve a hot meal daily to county residents 60 years of age and older, and home-delivered meal services which deliver a hot meal daily to the homes of isolated frail residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. By regulation, these meals provide one-third of the recommended daily dietary allowance. Call the Nutrition Site Manager at least one day in advance (before noon) for reservations.

**Note: Lunch is the meal that will be served, unless otherwise indicated.**

<b>ANN J. FERGUSON TOWERS</b> 1601 Dill Ave. Linden, NJ 07036	<b>1-908-298-3820</b>
<b>BETHEL A.M.E. CHURCH</b> (Tuesday & Thursday only) 241 Hilton Ave. Vauxhall, NJ 07088	<b>1-908-964-1282</b>
<b>CASANO COMMUNITY CENTER</b> (Tuesday only) 314 Chestnut St. Roselle Park, NJ 07204	<b>1-908-245-9150</b>

**NUTRITION PROGRAM FOR SENIORS** (Continued)

<b>CRANFORD-LINCOLN SENIOR APTS.</b> (Tuesday & Thursday only) 800 Lincoln Ave. East Cranford, NJ 07016	<b>1-908-931-0194</b>
<b>EHRHART GARDENS</b> (Monday, Tuesday & Thursday only) 100 Francis Court Union, N.J. 07083	<b>1-908-688-0565</b>
<b>FARLEY TOWERS</b> 33 Cherry St. Elizabeth, NJ 07202	<b>1-908-965-2454</b>
<b>GREGORIO CENTER</b> (Mon. thru Fri. - Lunch) 330 Helen St. Linden, NJ 07036	<b>1-908-474-8629</b>
<b>HILLSIDE SENIOR CITIZEN CENTER</b> 265 Hollywood Ave. Hillside, NJ 07205	<b>1-908-355-8928</b>
<b>JAMES F. BUCKLE CENTER</b> 25 Roosevelt Dr. Winfield, NJ 07036	<b>1-908-925-2014</b>
<b>JEWISH COMMUNITY CENTER</b> ( <i>Kosher Site</i> ) 1391 Martine Ave. South Scotch Plains, NJ 07076 (Monday, Tuesday, Wednesday – Lunch)	<b>1-908-889-8800</b>
<b>JFK SENIOR APTS.</b> 250 West Grand Ave. Rahway, NJ 07065	<b>1-732-382-4188</b>
<b>KENILWORTH SENIOR CENTER</b> - (Monday, Wednesday & Friday) 526 Boulevard Kenilworth, NJ 07033	<b>1-908-272-7743</b>
<b>LIBERTY SQUARE SENIOR CENTER</b> 240 Elizabeth Ave. Elizabeth, NJ 07206	<b>1-908-820-4700</b>
<b>MORNINGSTAR COURT</b> 701 Cranford Ave. Linden, NJ 07036	<b>1-908-486-8200</b>
<b>O'DONNELL-DEMPSEY SENIOR CENTER</b> 622 Salem Ave. Elizabeth, NJ 07208	<b>1-908-354-7431</b>

**NUTRITION PROGRAM FOR SENIORS** (Continued)

<b>PETERSTOWN COMMUNITY CENTER</b> 408 Palmer St. (at 4th Ave.) Elizabeth, NJ 07202	<b>1-908-353-9806</b>
<b>PLAINFIELD SENIOR SERVICES</b> 400 East Front St. Plainfield, NJ 07060	<b>1-908-753-3506</b>
<b>PLAINFIELD TOWER WEST</b> 601 West 7th St. Plainfield, NJ 07060	<b>1-908-668-1963</b>
<b>RICHMOND TOWERS</b> 510 East Front St. Plainfield, NJ 07062	<b>1-908-769-6335</b> <b>ext. 608</b>
<b>ROSELLE COMMUNITY CENTER (Brunch -Thursday only)</b> 1268 Shaffer Ave. Roselle, NJ 07203	<b>1-908-245-6717</b>
<b>SCHAEFER GARDENS</b> 35 Sumner Ave. Union, NJ 07083	<b>1-908-964-9343</b>
<b>STEPHEN SAMPSON SENIOR CENTER</b> 800 Anna St. Elizabeth, NJ 07201	<b>1-908-820-4707</b>
<b>UNION TOWNSHIP SENIOR CENTER</b> 968 Bonner Ct. Union, NJ 07083	<b>1-908-851-5293</b>
<b>WESTFIELD COMMUNITY CENTER ASSN. (Tues., Wed., Thurs.)</b> 558 West Broad St. Westfield, NJ 07090	<b>1-908-232-4759</b>
<b>YM-YWHA - A Jewish Community Center (Kosher Site)</b> 501 Green Lane Union, NJ 07083	<b>1-908-289-8112</b>

## NUTRITION PROGRAM FOR SENIORS (Continued)

### HOME DELIVERED MEALS

<b>MEALS ON WHEELS OF UNION COUNTY</b> ( <i>Ask for the meals coordinator</i> ) <b>1-908-486-5100</b> 1025 Pennsylvania Ave. Linden, NJ 07036 <i>Serves all of Union County. (Donations are suggested.)</i>
<b>SAGE ELDERCARE</b> <b>1-908-273-5554</b> 290 Broad St. <b>1-908-273-5550</b> Summit, NJ 07901 <i>Serves Berkeley Heights, New Providence, Springfield and Summit in Union County. (Donations are suggested.)</i>
<b>MOBILE MEALS OF WESTFIELD, INC.</b> <b>1-908-233-6146</b> <i>Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of Route 22, Scotch Plains, and Westfield.</i> <i>(There is a small weekly fee, which can be reduced if there is a need.)</i>

### OTHER FOOD SOURCES

<b>CATHOLIC CHARITIES</b> <b>1-908-497-3950</b> <i>Senior Food Shopping Program</i> 505 South Ave., East Cranford, NJ 07016 <i>(Bi-weekly / Eastern Union County only)</i>
<b>SAGE ELDERCARE FOOD SHOPPING SERVICE</b> <b>1-908-273-5550</b> 290 Broad St. Summit, NJ 07901 <a href="http://www.sageeldercare.org">www.sageeldercare.org</a> <i>Serves Berkeley Heights, New Providence, Springfield and Summit.</i>

### OTHER HEALTH RELATED SERVICES

Specialized agencies which provide information, support, counseling, and referrals for specific health situations.

<b>ALZHEIMER'S ASSOCIATION</b> <b>1-800-272-3900</b> <i>Greater New Jersey Chapter</i> <b>1-973-586-4300</b> 400 Morris Ave., Suite 251 Denville, NJ 07834
<b>ALZHEIMER'S DISEASE &amp; RELATED DISORDERS, COPSA INSTITUTE FOR</b> <b>UMDNJ - COPSA</b> <b>1-800-424-2494</b> 667 Hoes Lane NJ residents: <b>1-732-235-4356</b> Piscataway, NJ 08855-1392 Out of state: <b>1-800-969-5300</b>
<b>ALZHEIMER'S SUPPORT GROUPS</b> Overlook Hospital <b>1-908-522-2953</b> Runnells Specialized Hospital <b>1-908-771-5835</b>

**OTHER HEALTH RELATED SERVICES (Continued)**

<b>AMERICAN LUNG ASSOCIATION OF CENTRAL NEW JERSEY</b> 1600 Route #22, East Union, NJ 07083	<b>1-908-687-9340</b>
<b>ARTHRITIS FOUNDATION</b> 200 Middlesex Tnpk. Iselin, NJ 08830	<b>1-732-283-4300</b>
<b>BREAST CANCER RESOURCE CENTER</b> <b>YWCA Princeton</b> 59 Paul Robeson Place Princeton, NJ 08540 (Provides education, information and support)	<b>1-609-497-2100</b> <b>Ext. 346</b>
<b>CANCER CARE OF NEW JERSEY</b> 141 Dayton St., Suite 204 Ridgewood, NJ 07450 (Financial assistance for home care.)	<b>1-800-813-4673</b>
<b>CANCER SOCIETY, AMERICAN</b> 507 Westminster Ave. Elizabeth, NJ 07208 (Union County Unit – can provide supplies to help cancer patients.)	<b>1-908-354-7373</b>
<b>CONTACT WE CARE</b> P.O. 2376 Westfield, NJ 07091	<b>1-908-232-2880</b>
<b>DENTAL CLINICS:</b> Overlook Hospital Plainfield Health Center	<b>1-908-522-2901</b> <b>1-908-753-6401</b> <b>Ext. 136</b>
<b>DENTAL REFERRAL PROGRAM - Must meet PAAD qualifications.</b> <i>Senior Citizens Council of Union County (Call on Thursdays.)</i> 2165 Morris Ave. Union, NJ 07083	<b>1-908-964-7555</b>
<b>DISABILITY RIGHTS NEW JERSEY</b> 210 So. Broad St., Third Floor Trenton, NJ 08608 <i>Website: www.drnj.org</i>	<b>1-800-922-7233</b> <b>1-609-292-9742</b> <b>TTY: 1-609-633-7106</b>
<b>MEDICAID SERVICES</b>	<b>1-800-782-0181</b>
<b>N.J. MOBILE DENTAL PRACTICE (in-home dentistry)</b>	<b>1-800-342-2300</b>
<b>SENIOR DENT – The NJ Dental Association provides a list of dentists who offer a discount on dental services for seniors. Patient must meet PAAD guidelines.</b>	<b>1-800-831-6532</b> <b>1-732-821-9400</b>
<b>UNIVERSITY OF MEDICINE &amp; DENTISTRY (UMDNJ)</b> Dept. of Allied Dental Education – Scotch Plains Campus <i>Dental cleaning and examination for age 55+ at a cost of \$15.</i>	<b>1-908-889-2410</b>
<b>VISITING DENTAL ASSOCIATES (in-home dentistry)</b>	<b>1-201-670-0097</b>
<b>VISITING PHYSICIAN - Covers many Union County towns</b> 615 Hope Rd., Bldg. 5 Eatontown, NJ 07724 ( www.visiting-physician.com)	<b>1-732-571-1000</b> <b>1-888-771-3338</b>

**OTHER HEALTH RELATED SERVICES** (Continued)

<b>GRANDPARENT INFORMATION CENTER – AARP</b>	<b>1-800-424-3410</b>
<b>GRANDPARENTS RAISING GRANDCHILDREN</b> Jewish Family Service of Central New Jersey 655 Westfield Ave. Elizabeth, NJ 07208	<b>1-908-352-8375</b>
<b>HEARING CENTER</b> 48 Brant Ave. Clark, NJ 07066	<b>1-732-574-3550</b>
<b>HEART ASSOCIATION, AMERICAN</b> 1 Bleeker St. Millburn, NJ 07041	<b>1-973-376-3636</b>
<b>KINSHIP CONNECTION (HIV / AIDS)</b> 655 Livingston St. Elizabeth, NJ 07206	<b>1-908-994-7460</b>
<b>MEDICAL SOCIETY, UNION COUNTY</b> 1164 Springfield Ave. Mountainside, NJ 07092	<b>1-908-789-8603</b>
<b>MULTIPLE SCLEROSIS SOCIETY</b>	<b>1-201-967-5599</b>
<b>OFFICE FOR THE DISABLED, UNION COUNTY</b>	<b>1-908-527-4807</b>
<b>PARKINSON'S DISEASE ASSOCIATION, AMERICA</b> Robert Wood Johnson University Hospital	<b>1-732-745-7520</b>
<b>PARKINSONIAN SOCIETY OF CENTRAL NJ – Support Group</b> Presbyterian Church of Westfield 140 Mountain Ave. Westfield, NJ 07090	<b>1-908-233-0301</b>
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b> 40 Watchung Way Berkeley Heights, NJ 07922	<b>1-908-771-5700</b>
<b>SELF-HELP GROUP CLEARING HOUSE, N.J.</b> 100 E. Hanover Ave., Suite 202 Cedar Knolls, NJ 07927 <i>(A list of over 4,000 self-help groups in New Jersey)</i>	<b>1-800-367-6274</b>
<b>SPEECH AND HEARING CLINIC</b> <i>Kean University</i> 1000 Morris Ave. Union, NJ 07083	<b>1-908-527-2218</b>
<b>WIC (WOMEN, INFANTS AND CHILDREN)</b> <i>Satellite of Trinitas Hospital</i> 1124 East Jersey St. Elizabeth, NJ 07202	<b>1-908-994-5141</b>

## **SENIOR CITIZEN CENTERS**

Local social centers which help seniors remain full members of their communities. Participation in planned activities encourages personal growth and general well-being.

<b>CASANO COMMUNITY CENTER</b> 314 Chestnut St. Roselle Park, NJ 07204	<b>1-908-245-9150</b>
<b>CLARK SENIOR CENTER</b> 430 Westfield Ave. Clark, NJ 07066	<b>1-732-382-7134</b>
<b>CRANFORD COMMUNITY CENTER</b> Recreation & Parks Dept. 220 Walnut Ave. Cranford, NJ 07016-2931	<b>1-908-709-7283</b>
<b>ELIZABETH, CITY OF – OFFICE ON AGING</b> 50 Winfield Scott Plaza, Room G8 Elizabeth, NJ 07201	<b>1-908-820-4044</b>
<b>ELIZABETHPORT PRESBYTERIAN CENTER</b> 184 First St. Elizabeth, NJ 07206	<b>1-908-351-4850</b>
<b>FANWOOD SENIORS</b> Borough Hall 75 Martine Ave. Fanwood, NJ 07023-1319	<b>By mail</b>
<b>GARWOOD SENIOR PROGRAM</b> Municipal Bldg. 403 South Ave. Garwood, NJ 07027	<b>1-908-789-0738</b>
<b>GREGORIO CENTER</b> 330 Helen St. Linden, NJ 07036	<b>1-908-474-8627</b>
<b>HILLSIDE SENIOR CITIZEN CENTER</b> 265 Hollywood Ave. Hillside, NJ 07205	<b>1-908-355-8928</b>
<b>JAMES F. BUCKLE CENTER</b> 25 <sup>1/2</sup> Roosevelt Dr. Winfield, NJ 07036	<b>1-908-925-2014</b>
<b>JEWISH COMMUNITY CENTER (Kosher Site)</b> 1391 Martine Ave. South Scotch Plains, NJ 07076	<b>1-908-889-8800</b>
<b>KENILWORTH SENIOR CENTER</b> 526 Boulevard Kenilworth, NJ 07033	<b>1-908-272-7743</b>
<b>LIBERTY SQUARE SENIOR CENTER</b> 240 Elizabeth Ave. Elizabeth, NJ 07206	<b>1-908-820-4700</b>

<b>MOUNTAINSIDE SENIORS PROGRAM</b> Borough Hall, Rt. 22 Mountainside, NJ 07092	<b>1-908-232-4406</b>
<b>NEW PROVIDENCE SENIOR CENTER</b> 15 East 4th St. New Providence, NJ 07974	<b>1-908-665-0046</b>
<b>O'DONNELL-DEMPSEY SENIOR CENTER</b> 622 Salem Ave. Elizabeth, NJ 07208	<b>1-908-354-7431</b>
<b>PETERSTOWN COMMUNITY CENTER</b> 408 Palmer St. at 4th Ave. Elizabeth, NJ 07202	<b>1-908-353-9806</b>
<b>PLAINFIELD SENIOR SERVICES PROGRAM</b> 400 East Front St. Plainfield, NJ 07060	<b>1-908-753-3506</b>
<b>RAHWAY SENIOR CITIZEN CENTER</b> 1306 Esterbrook Ave. Rahway, NJ 07065	<b>1-732-827-2016</b>
<b>ROSELLE COMMUNITY CENTER</b> 1268 Shaffer Ave. Roselle, NJ 07203	<b>1-908-245-6717</b>
<b>SARAH BAILEY CIVIC CENTER</b> 30 Church Mall Springfield, NJ 07081	<b>1-973-912-2227</b>
<b>SCOTCH PLAINS RECREATION DEPARTMENT</b> 430 Park Ave. Scotch Plains, NJ 07076	<b>1-908-322-6700</b> <b>ext. 222</b>
<b>STEVEN SAMPSON SENIOR CITIZEN CENTER</b> 800 Anna St. Elizabeth, NJ 07201	<b>1-908-820-4704</b>
<b>UNION TOWNSHIP SENIOR CENTER</b> 968 Bonnel Ct. Union, NJ 07083	<b>1-908-851-5290</b>
<b>WESTFIELD COMMUNITY CENTER ASSOCIATION</b> 558 West Broad St. Westfield, NJ 07090	<b>1-908-232-4759</b>
<b>YM-YWHA (A Jewish Community Center &amp; Kosher site)</b> 501 Green Lane Union, NJ 07083	<b>1-908-289-8112</b>

## **SENIOR CITIZENS ADVOCACY**

These organizations promote the independence and well-being of senior citizens through private and public advocacy geared to meeting present and emerging needs.

<b>AARP (AMERICAN ASSOCIATION OF RETIRED PERSONS)</b> Forrestal Village 132 Main St. Princeton, NJ 08540	<b>1-866-542-8165</b> <b>1-888-687-2277</b>
<b>ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION CO.</b> 52 Fadem Rd. Springfield, NJ 07081	<b>1-973-315-0000</b>
<b>COMMUNITY ACCESS UNLIMITED</b> 80 West Grand St. Elizabeth, NJ 07202-1447	<b>1-908-354-3040</b>
<b>DEPARTMENT OF HEALTH &amp; SENIOR SERVICES</b> P.O. Box 367 Trenton, NJ 08626-0367 <i>License &amp; survey for residential, assisted living, adult day care &amp; long term care.</i>	<b>1-609-633-9034</b> Toll Free: <b>1-800-367-6543</b>
<b>OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY</b> CN 807 Trenton, NJ 08625-0807 <i>Complaints regarding the treatment of nursing home residents</i>	<b>1-609-943-4026</b> Elderly Abuse Hotline: <b>1-877-582-6995</b>
<b>PROCEED (Bilingual Services)</b> 1126 Dickinson St. Elizabeth, NJ 07201 <i>info@proceedinc.com</i>	<b>1-908-351-7727</b>
<b>RAHWAY COMMUNITY ACTION ORGANIZATION, INC.</b> 796 East Hazelwood Ave. Rahway, NJ 07065	<b>1-732-382-9311</b>
<b>SENIOR ADULT FRAIL ELDERLY CENTER (SAFE)</b> 505 South Ave., East Cranford, NJ 07016 <i>Nursing home lists are available. SAFE provides information relating to nursing home placement, alternatives to nursing home placement, and advocacy for resident rights.</i>	<b>1-908-497-3950</b>
<b>SENIOR CITIZENS COUNCIL OF UNION COUNTY, NJ, INC.</b> 2187 Morris Ave. Union, NJ 07083	<b>1-908-964-7555</b>
<b>UNION COUNTY OFFICE FOR THE DISABLED</b> County Administration Building, 4th Floor Elizabeth, NJ 07207	<b>1-908-527-4807</b>
<b>URBAN LEAGUE</b> 288 North Broad St. - 2 <sup>nd</sup> Fl. Elizabeth, NJ 07208	<b>1-908-351-7200</b>

## **SUPPORT GROUP INFORMATION**

Support Groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly throughout Union County. To contact a group near you, call the Union County Division on Aging at 1-908-527-4870 or call the Self-Help Group Clearing House at 1-800-367-6274.

## **TELEPHONE REASSURANCE**

*Volunteers make pre-arranged daily telephone calls to homebound older persons.*

<b>CATHOLIC CHARITIES</b> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3950</b>
<b>CONTACT WE CARE</b> P.O. Box 952 Scotch Plains, NJ 07076	<b>1-908-232-2880</b>
<b>SAGE ELDERCARE</b> 290 Broad St. Summit, NJ 07901 <a href="http://www.sageeldercare.org">www.sageeldercare.org</a>	<b>1-908-273-5554</b> <b>1-908-273-5550</b>

## **TRANSPORTATION SERVICES**

<b>UNION COUNTY PARATRANSIT SYSTEM</b> Serves all of Union County. Specialized transportation for persons age 60+ or disabled, throughout the County. <u>Reservations must be made in advance.</u> There is no charge for this service; however, voluntary donations are welcomed.	<i>For reservations:</i> <b>1-908-241-8300</b>
<b>AMERICAN RED CROSS</b> <i>Serves Summit area only</i> 695 Springfield Ave. Summit, NJ 07901	<b>1-908-273-2076</b>
<b>AMERICAN RED CROSS – Tri-County Chapter</b> <i>Serves most of Union County</i>	Plainfield: <b>1-908-756-6414</b> Elizabeth: <b>1-908-353-2500</b>
<b>AMERICAN RED CROSS - Westfield/Mountainside Area</b>	<b>1-908-232-7709</b>
<b>NEW JERSEY TRANSIT</b> Reduced fares for seniors; information about trains and buses.	Toll Free: <b>1-973-275-5555</b> <b>1-973-378-6401</b>

## **ESCORTED TRANSPORTATION**

<b>FRIEND ADVOCATE PROGRAM</b> <i>Jewish Family Services</i> 655 Westfield Ave. Elizabeth, NJ 07208 (Volunteers assist frail elderly with transportation)	<b>1-908-352-8375</b>
---	-----------------------

## OTHER TRANSPORTATION SERVICES

NJ TRANSIT Reduced fares and bus / rail information	1-973-275-5555
<b>SENIOR / DISABLED NJ TRANSIT REDUCED FARE PROGRAM</b>	1-908-527-4870
<i>Union County Division On Aging (For an application)</i>	1-908-527-4872
<b>B &amp; A SENIOR TRANSPORTATION, LLC</b>	1-908-229-9709 1-908-783-8394
<b>HEARING IMPAIRED</b>	TTY: 1-800-772-2287
<b>LIFT EQUIPPED ACCESS LINK SERVICE</b>	1-800-955-2321
<b>BUS / RAIL INFORMATION, NJ TRANSIT</b>	1-800-772-2222
<b>LIFT EQUIPPED BUSES INFORMATION</b>	1-800-772-2287
<b>MOUNTAINSIDE SENIORS IN MOTION</b>	1-908-232-2400
<b>WESTFIELD RED CROSS MOTOR WORKS PROGRAM</b> (Residents only; for medical & professional appointments within Westfield.)	1-908-232-7709

## SENIOR CITIZENS BUSES

<b>Berkeley Heights</b>	1-732-558-3912
<b>Clark</b>	1-732-388-3600
<b>Cranford</b>	1-908-709-7283
<b>Elizabeth</b>	1-908-820-4044
<b>Garwood</b>	1-908-789-0710
<b>Hillside</b>	1-908-355-6475
<b>Linden</b>	1-908-474-8600
<b>Mountainside</b>	1-908-232-2400
<b>New Providence</b>	1-908-665-0046
<b>Plainfield (Senior Citizen Service Center)</b>	1-908-753-3506
<b>Rahway</b>	1-732-499-7930 1-732-499-7940
<b>Roselle</b>	1-908-245-5600
<b>Roselle Park</b>	1-908-245-0666
<b>Scotch Plains</b>	1-908-322-6700 ext. 222
<b>Springfield</b>	1-973-912-2227
<b>Summit</b>	1-908-277-9419
<b>Union</b>	1-908-686-7887
<b>Winfield Park</b>	1-908-925-3850

<b>NEW JERSEY MOTOR VEHICLE COMMISSION</b>	For Information: 1-888-486-3339
	Inspection Center: 1-888-656-6867
<b>TO OBTAIN AUTOMOBILE PLACARDS &amp; LICENSE PLATES FOR THE DISABLED - Call 24 hours a day for applications.</b>	1-609-292-6500
	Toll-free in NJ only: 1-888-486-3339

## **VETERANS AFFAIRS**

Assistance for veterans through federal, state, and county offices. In certain cases, benefits may also be available to veterans' spouses, widows, and Gold Star Mothers.

<b>NEW JERSEY BUREAU OF VETERAN SERVICES</b> 1196 Chestnut St. Elizabeth, NJ 07201-1053	<b>1-908-820-3133</b>
<b>NEW JERSEY DEPARTMENT OF MILITARY &amp; VETERAN AFFAIRS</b> CN 340 101 Eggert Crossing Rd. Lawrenceville, NJ 08625	<b>1-888-865-8387</b> <b>1-609-530-6892</b>
<b>UNION COUNTY OFFICE OF VETERANS AFFAIRS</b> County Administration Building Elizabeth, NJ 07207	<b>1-908-527-4946</b> <b>1-908-527-4947</b>
<b>U.S. VETERANS ADMINISTRATION</b> 20 Washington Pl. Newark, NJ 07102 <a href="http://www.va.gov">www.va.gov</a> <i>When you call, have VA File Nos. and Social Security No. available.</i>	<b>1-800-827-1000</b>

## **VISION IMPAIRED SERVICES**

Education, training, and support services for the blind or visually handicapped senior citizen. Also assistance in obtaining eye examinations, glasses, Braille books, and audio book tapes.

<b>AMERICAN RED CROSS</b> (Eastern Union County) ( <i>Braille Instruction</i> ) 203 W. Jersey St. Elizabeth, NJ 07202	<b>1-908-353-2500</b>
<b>CATHOLIC CHARITIES</b> ( <i>Support Program &amp; Vision Impaired Services</i> ) 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3950</b>
<b>EYE CARE AMERICA</b>	<b>1-877-887-6327</b> <b>1-800-222-3937</b>
<b>NEIGHBORHOOD HEALTH CENTER</b>	Elizabeth: <b>1-908-355-4459</b> Plainfield: <b>1-908-753-6401</b> <b>Ext. 1999</b>
<b>NEW JERSEY ASSOCIATION OF THE DEAF/ BLIND</b> 24 World's Fair Drive, Suite K Somerset, NJ 08873-1349	TTY: <b>1-732-805-1912</b> <b>1-732-805-0235</b>
<b>NEW JERSEY FOUNDATION FOR THE BLIND</b> 230 Diamond Spring Rd. Denville, NJ 07834 ( <i>Audio tapes; home visits</i> )	<b>1-973-627-0055</b>
<b>NEW EYES FOR THE NEEDY, INC.</b> 549 Millburn Ave. Short Hills, NJ 07078	<b>1-973-376-4903</b>
<b>NEW JERSEY LIBRARY FOR THE BLIND AND HANDICAPPED</b> 2300 Stuyvesant Ave. Trenton, NJ 08618	<b>1-800-792-8322</b>

## VISION IMPAIRED SERVICES (Continued)

<b>NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED</b> Central Jersey Office: 1510 Hooper Ave., Toms River, NJ 08753	<b>1-732-255-0720</b>
<b>PREVENT BLINDNESS AMERICA</b>	<b>1-800-331-2020</b>
<b>VA MEDICAL CENTER</b> Services for the visually impaired	<b>1-973-676-1000</b> <b>ext. 1842</b>

## VOLUNTEER OPPORTUNITIES

Opportunities for retired persons over 60 to share some of their time, skills, and talents in meaningful ways. Retired senior volunteers help others, stay involved in community life, and feel great. Volunteers are needed to help the frail elderly with companionship, shopping, reading, letter writing, minor home repairs, and filling out forms. They also can lend a caring, listening ear.

<b>CONTACT WE CARE</b> P.O. Box 952 Scotch Plains, NJ 07076-0952	<b>1-908-232-2880</b>
<b>FISH CHAPTER</b> P.O. Box 2822 Plainfield, NJ 07062	<b>1-908-755-8888</b>
<b>RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)</b> <i>Community Access Unlimited</i> 80 West Grand St. Elizabeth, NJ 07202	<b>1-908-354-3040</b>
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b> Director of Volunteer Services 40 Watchung Way Berkeley Heights, NJ 07922	<b>1-908-771-5700</b>
<b>SAGE ELDERCARE</b> 290 E. Broad St. Summit, NJ 07901	<b>1-908-598-5514</b>
<b>SENIOR FOOD SHOPPING PROGRAM</b> <i>Catholic Charities</i> 505 South Ave. East Cranford, NJ 07016	<b>1-908-497-3950</b>
<b>TELEPHONE REASSURANCE</b> <i>Catholic Charities</i> 505 South Ave., East Cranford, NJ 07016	<b>1-908-497-3950</b>
<b>VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION COUNTY</b> 33 W. Grand Street Elizabeth, NJ, 07202	<b>1-908-353-7171</b>

**VOLUNTEER INCOME TAX ASSISTANCE (VITA)**

Community Access Unlimited

**1-908-354-3040**

80 West Grand Street., Elizabeth, NJ 07202

Catholic Charities

**1-800-496-3950**

505 South Ave., East, Cranford, NJ 07016

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>A</b>		
AARP (American Association of Retired Persons)		39
ACADIA HOUSE - Counseling	1-908-654-3711	9
ADULT DAY CENTERS		6
ADULT PROTECTIVE SERVICES	1-908-497-3902	7
ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER / DETOX	Trinitas Hospital: 1-908-994-7043	8
ALCOHOLISM & DRUG ABUSE COORDINATOR, UNION CO.	1-908-527-4837	8
ALCOHOLISM SERVICES		8
ALERTOP - Alcoholism	1-908-753-3082	8
ALZHEIMER'S ASSOCIATION	1-800-272-3900	34
ALZHEIMER'S ASSOCIATION - GREATER NJ CHAPTER	1-973-586-4300	34
ALZHEIMER'S DAY CARE - SAGE Spend-A-Day	1-908-598-5520	6
ALZHEIMER'S DAY CARE - WISE	1-908-687-2995	6
ALZHEIMER'S DISEASE, COPSA INSTITUTE FOR	1-800-424-2494	34
ALZHEIMER'S SUPPORT GROUPS		34
AMERICAN ASSOCIATION OF RETIRED PERSONS (AARP)	1-866-542-8165	39
New Jersey Headquarters	1-888-687-2277	39
AMERICAN RED CROSS -		
Transportation - Summit Area	1-908-273-2076	40
Transportation - Tri-County Area	Elizabeth: 1-908-353-2500	40
	Plainfield: 1-908-756-6414	40
Transportation - Westfield/Mountainside Area	1-908-232-7709	40
Vision Impaired / Braille Instruction	1-908-353-2500	42
ARTHRITIS FOUNDATION	1-732-283-4300	35
ASSOCIATION FOR RETARDED CITIZENS (ARC)		
Advocacy	1-973-315-0000	39
Employment	1-973-315-0000	13
ATLANTIC HEALTH SYSTEM	1-908-964-8010	18
	Ext. 106	
ATLANTIC HOME CARE & HOSPICE	1-973-379-8440	18,20
ATLANTIC BEHAVIORAL HEALTH INTENSIVE PSYCHIATRIC OUTPATIENT PROGRAM - Counseling	1-908-522-4800	9
<b>B</b>		
BAR ASSOCIATION, AMERICAN	1-908-373-3529	29
BAR ASSOCIATION, UNION COUNTY	1-908-353-4715	29
BREAST CANCER RESOURCE CENTER	1-609-497-2100	35
	Ext. 34	
BETHEL A.M.E. CHURCH - Vauxhall	1-908-964-1282	31
BLIND & HANDICAPPED, NJ LIBRARY FOR THE	1-800-792-8322	42
BLIND, NJ STATE COMMISSION FOR THE	1-732-255-0720	43
BUCKLE SENIOR CENTER, JAMES F.	1-908-925-2014	32,37

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>C</b>		
<b>CANCER CARE OF NEW JERSEY - Financial Assistance</b>	<b>1-800-813-4673</b>	<b>15,35</b>
<b>CANCER SOCIETY, AMERICAN</b>	<b>1-908-354-7373</b>	<b>35</b>
<b>CAREGIVER SERVICES - Home Care</b>		<b>18</b>
<b>CASANO COMMUNITY CENTER</b>	<b>1-908-245-9150</b>	<b>31,37</b>
<b>CATHOLIC CHARITIES (formerly Catholic Community Svcs.)</b>	<b>1-908-497-3900</b>	
Adult Protective Services	<b>1-908-497-3902</b>	<b>5</b>
Counseling	<b>1-908-497-3968</b>	<b>9</b>
Engel Senior Day Care Center / Social	<b>1-908-497-3944</b>	<b>6</b>
Ministry to the Deaf	<b>1-973-266-7961</b>	<b>18</b>
Hispanic Services	<b>1-908-497-3950</b>	<b>5,9</b>
S.A.F.E. / Nursing Home Information	<b>1-908-497-3950</b>	<b>5,10</b>
Senior Food Shopping	<b>1-908-497-3950</b>	<b>34,43</b>
Telephone Reassurance	<b>1-908-497-3950</b>	<b>40</b>
Visually Impaired Services	<b>1-908-497-3950</b>	<b>42</b>
<b>CEDAR HARBOR ADULT MEDICAL DAY CENTER</b>	<b>1-908-298-8588</b>	<b>6</b>
<b>CENTER FOR HOPE HOSPICE &amp; PALLIATIVE CARE</b>	<b>1-908-889-7780</b>	<b>20</b>
Acadia House / Bereavement & Grief Counseling Center	<b>1-908-654-3711</b>	<b>9</b>
Father Hudson House / Residential Facility	<b>1-908-353-6060</b>	<b>20,25</b>
Peggy Coloney's House (Hospice Assisted Living Facility)	<b>1-908-889-7780</b>	<b>20</b>
<b>CENTRAL JERSEY LEGAL SERVICES</b>	<b>1-908-354-4340</b>	<b>29</b>
<b>CHARTER BEHAVIORAL HEALTH SYSTEMS - Alcoholism</b>	<b>1-908-522-7000</b>	<b>8</b>
<b>CHILDREN'S SPECIALIZED HOSPITAL</b>	<b>1-908-233-3720</b>	<b>21</b>
<b>CIVIL RIGHTS, STATE DIVISION ON</b>	<b>1-973-648-2700</b>	<b>30</b>
<b>CIRCLE OF FRIENDS</b>	<b>1-973-376-4000</b>	<b>6</b>
<b>CLARK SENIOR PROGRAM</b>	<b>1-732-381-3823</b>	<b>37</b>
<b>COMFORCARE SENIOR SERVICES</b>	<b>1-908-408-5220</b>	<b>18</b>
<b>COMFORT KEEPERS</b>	<b>1-732-369-3639</b>	<b>18</b>
<b>COMMISSION FOR THE BLIND &amp; VISUALLY IMPAIRED, NJ</b>	<b>1-732-255-0720</b>	<b>43</b>
<b>COMMUNITY ACCESS UNLIMITED</b>	<b>1-908-354-3040</b>	<b>39,43</b>
Retired Senior Volunteer Program (RSVP)		
Home Share Program		
<b>COMMUNITY HEALTH LAW PROJECT</b>		<b>7,15,29</b>
Financial Assistance	<b>1-908-355-8282</b>	<b>15</b>
Legal Assistance	<b>1-908-355-8282</b>	<b>7,29</b>
<b>COMPANION CARE LLC</b>	<b>1-908-688-4423</b>	<b>18</b>
<b>CONSUMER AFFAIRS, UNION COUNTY DIVISION OF</b>	<b>1-908-654-9840</b>	<b>5,9</b>
<b>CONTACT-WE-CARE</b>	<b>1-908-232-2880</b>	<b>35,43</b>
<b>COPSA INSTITUTE FOR ALZHEIMER'S DISEASE</b>	<b>1-800-424-2494</b>	<b>35,17</b>
<b>COUNSELING CENTERS FOR HUMAN DEVELOPMENT</b>	<b>1-908-276-0590</b>	<b>9</b>
<b>CRANFORD COMMUNITY CENTER</b>	<b>1-908-709-7283</b>	<b>37</b>

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>D</b>		
<b>DENTAL CLINICS</b>		<b>35</b>
<b>DENTAL REFERRAL PROGRAM - Senior Citizens Council</b>	<b>1-908-964-7555</b>	<b>35</b>
<b>DEPARTMENT OF HEALTH &amp; SENIOR SERVICES</b>	<b>1-609-633-9034</b>	<b>39</b>
	<b>1-800-367-6543</b>	
<b>DIABETIC ASSOCIATION, AMERICAN</b>	<b>1-800-342-2383</b>	
<b>DISABILITY RIGHTS NEW JERSEY</b>	<b>1-800-922-7233</b>	<b>35</b>
<b>DISABLED, UNION COUNTY OFFICE FOR THE</b>	<b>1-908-527-4807</b>	<b>5,36</b>
<b>DIVISION OF SOCIAL SERVICES, U.C. - Elizabeth</b>	<b>1-908-965-2793</b>	<b>30</b>
<b>DIVISION OF SOCIAL SERVICES, U.C. - Plainfield</b>	<b>1-908-791-7093</b>	<b>30</b>
<b>DIVISION OF VOCATIONAL REHABILITATION</b>	<b>1-908-820-3112</b>	<b>13</b>
<b>DIVISION ON AGING, UNION COUNTY (UCDOA)</b>	<b>1-888-280-8226</b>	<b>1,5</b>
Information & Assistance	<b>1-908-527-4870</b>	
	<b>1-908-527-4872</b>	

**E**

<b>EASTER SEALS OF NEW JERSEY</b>		<b>14</b>
<b>EDUCATION</b>		<b>11</b>
<b>ELDER ABUSE / OMBUDSMAN</b>	<b>1-609-943-4026</b>	<b>5,7</b>
Elder Abuse HOTLINE:	<b>1-877-582-6995</b>	
<b>ELDERCARE LOCATOR</b>	<b>1-800-677-1116</b>	<b>12</b>
<b>ELDERHOSTEL - Education</b>	Toll Free: <b>1-877-426-8056</b>	<b>11</b>
<b>ELDERLY (ADULT) PROTECTIVE SERVICES</b>	<b>1-908-497-3902</b>	<b>7</b>
<b>ELIZABETH OFFICE ON AGING, CITY OF</b>	<b>1-908-820-4044</b>	<b>15</b>
<b>ELIZABETHPORT PRESBYTERIAN CENTER</b>	<b>1-908-351-4850</b>	<b>37</b>
<b>EMERGENCY MEDICAL IDENTIFICATION</b>		<b>13</b>
<b>EMERGENCY RESPONSE SYSTEMS - To Call For Help</b>		<b>13</b>
<b>EMERGENCY SERVICES - For The Homeless</b>		<b>5,21</b>
<b>EMPLOYMENT SERVICES</b>		<b>13</b>
<b>ENGEL SENIOR DAY CARE CENTER</b>	<b>1-908-497-3944</b>	<b>6</b>
<b>ESCORTED TRANSPORTATION (JFS)</b>	<b>1-908-352-8375</b>	<b>40</b>
<b>EYE CARE AMERICA - National Eye Care Program</b>	<b>1-800-222-3937</b>	<b>42</b>

**F**

<b>FAMILY AND CHILDREN'S SERVICES - Counseling</b>	<b>1-908-352-7474</b>	<b>9</b>
<b>FAMILY RESOURCE CENTER - Counseling</b>	<b>1-908-276-2244</b>	<b>9</b>
<b>FAMILY SERVICE OF SUMMIT</b>	<b>1-908-522-4800</b>	<b>10</b>
<b>FATHER HUDSON HOUSE - Hospice</b>	<b>1-908-353-6060</b>	<b>20</b>
<b>FEDERAL EQUAL EMPLOYMENT OPPORTUNITIES COMMISSION (E.E.O.C.)</b>	<b>1-973-645-6383</b>	<b>29</b>
<b>FINANCIAL ASSISTANCE</b>		<b>15</b>
<b>FISH CHAPTER - Volunteer Services</b>	<b>1-908-755-8888</b>	<b>43</b>

INDEX

ORGANIZATION / SERVICE	PHONE	PAGE
FOOD SHOPPING PROGRAM, SENIOR	1-908-497-3943	34,43
FOOD STAMP PROGRAM		15
FRAUD, MEDICARE – To report fraud	1-800-633-4227	31
FREQUENTLY CALLED NUMBERS		5
FRIEND ADVOCATE PROGRAM	1-908- 352-8375	30
<b>G</b>		
GERIATRIC ASSESSMENT PROGRAMS		17
(GO) GLOBAL OPTIONS	Eastern Union Co. 1-908-965-2700	30
for LONG TERM CARE PROGRAM	Western Union Co.	
GRANDPARENTS RAISING GRANDCHILDREN	1-908-352-8375	36
GREGORIO CENTER, JOHN T.	1-908-474-8629	22,32,37
GUARDIAN, OFFICE OF THE PUBLIC - For Elderly Adults	1-609-341-5555	5,7
<b>H</b>		
HEALTH RELATED SERVICES		34
HEAR NOW	1-800-648-4327	17
HEARING SOCIETY, INTERNATIONAL	1-800-521-5247	
HEARING IMPAIRED SERVICES		17
HEARING CENTER	1-732-574-3550	36
HEART ASSOCIATION, AMERICAN	1-973-376-3636	37
HILLSIDE SENIOR CITIZEN CENTER	1-908-355-8928	37
HISPANIC SERVICES (Catholic Charities)	1-908-497-3947	5,9
HOLY REDEEMER HOME CARE	1-800-255-8986	19
<i>Formerly Visiting Nurse and Health Services (VNHS)</i>		
HOME CARE		18
HOME DELIVERED MEALS		34
HOME ENERGY ASSISTANCE PROGRAM (HEAP or LIHEAP)		
	PROCEED: 1-908-351-7727	5,15
HOME INSTEAD SENIOR CARE	1-973-379-4910	19
HOME REPAIRS (Refer To HOUSING)		28
HOME SAFETY PROGRAM - Senior Citizen Council	1-908-964-7555	28
HOME SHARE PROGRAM - Community Access Unlimited	1-908-964-7555	25
HOME SWEET HOME - Medical Day Care	1-908-994-0050	6
HOMELESS PREVENTION CENTER	1-908-355-5910	21
HOMELESS PREVENTION PLANNER OF UNION COUNTY	1-908-527-4839	21
HOMELESS EMERGENCY SERVICES		5,21
HOSPICE PROGRAMS		20
HOSPITALS		21
HOUSING INFORMATION		21
Assisted Living & Residential Health Care Facilities		24
Housing Authorities		22
Nursing Homes		25
Repairs		28

## INDEX

ORGANIZATION / SERVICE	PHONE	PAGE
Shared		25
Units		23

### I

<b>IDENTIFICATION (I.D.) CARDS</b>		
U.C. Sheriff's Office – no charge for groups; by appointment:	1-908-527-4491	
Elizabeth Residents only:	1-908-820-4044	
<b>IDENTIFICATION, EMERGENCY MEDICAL</b>		13
<b>IMMIGRATION - U.S. Citizenship &amp; Immigration Services</b>	1-800-375-5283	
<i>www.USCIS.gov</i>		
<b>INCOME TAX ASSISTANCE, TAX-AID PROGRAM</b>	1-908-497-3950	16
<b>INHERITANCE TAX, NEW JERSEY</b>	1-973-648-3486	16
<b>INTERNAL REVENUE SERVICE</b>	For forms & information: 1-800-829-1040	15
	For assistance prior to 4/15: 1-973-645-6690	
<b>INTERNET WEBSITE: UNION CO. DIVISION ON AGING</b>		1
<i>www.ucnj.org</i>		
<b>INSURANCE, STATE HEALTH PROGRAM (SHIP)</b>	1-908-273-6999	31

### J

<b>JAMES F. BUCKLE CENTER - Winfield</b>	1-908-925-2014	32,37
<b>JEWISH COMMUNITY CENTER - Scotch Plains</b>	1-908-889-8800	37
<b>JEWISH FAMILY SERVICE / CENTRAL NJ - Counseling</b>	1-908-352-8375	10
Home Care	1-908-352-8375	19
Escorted (Assisted) Transportation	1-908-352-8375	40
Grandparents Raising Grandchildren	1-908-352-8375	36
<b>JFK MEDICAL CENTER – MUHLENBERG CAMPUS</b>	1-908-668-2000	6,13

### K

<b>KEAN UNIVERSITY (Continuing Education / Employment Career Workshops)</b>	1-908-527-2210	11,14
<b>KENILWORTH SENIOR CENTER</b>	1-908-272-7743	37
<b>KINSHIP CONNECTION (HIV/AIDS)</b>	1-908-994-7460	36

### L

<b>LAW PROJECT, COMMUNITY HEALTH</b>	1-908-355-8282	29
<b>LAWYER REFERRAL PROGRAM - U.C. Bar Association</b>	1-908-353-4715	29
<b>LEARNING FOR LIFE - Education</b>	1-908-756-5322	11
<b>LEGAL ASSISTANCE</b>		29
<b>LEGAL SERVICES, CENTRAL JERSEY</b>	1-908-354-4340	7,29

## INDEX

ORGANIZATION / SERVICE	PHONE	PAGE
<b>LIBRARY FOR THE BLIND &amp; HANDICAPPED, N.J.</b>	1-800-792-8322	42
<b>LIFELINE PROGRAM - For Help With Utility Bills</b>	1-800-792-9745	16
<b>LITERACY VOLUNTEERS OF AMERICA, NJ - Education</b>	1-800-848-0048	12
<b>LITERACY VOLUNTEERS OF UNION COUNTY</b> Elizabeth Public Library	1-908-354-6060 ext. 214	12
<b>LUNG ASSOCIATION OF CENTRAL N.J., AMERICAN</b>	1-908-687-9340	35

## M

<b>MEALS ON WHEELS of UNION COUNTY</b>	1-908-486-5100	34
<b>MEDICAID DISTRICT OFFICE</b>	1-732-777-6977	5,30
<b>MEDICAL INSURANCE &amp; HEALTH CARE PROGRAMS</b>		30
<b>MEDICAL SOCIETY OF UNION COUNTY</b>	1-908-789-8603	36
<b>MEDICARE (Part B)</b>	1-800-633-4227	31
<b>MEDICARE FRAUD</b>	1-800-638-6833	31
<b>MEDICARE / SOCIAL SECURITY</b>	1-800-772-1213	5,31
<b>METROPOLITAN HOME CARE</b>	1-908-322-8883	19
<b>MOBILE MEALS OF WESTFIELD, INC.</b>	1-908-233-6146	34
<b>MOTOR VEHICLES, NJ, COMMISSION</b>	1-888-486-3339	41
<b>MOUNT CARMEL GUILD / BEHAVIORAL HEALTH CLINIC</b>	1-908-497-3968	10
<b>MOUNTAINSIDE SENIORS PROGRAM</b>	1-908-232-4406	38
<b>MUHLENBERG</b>		
Adult Day Health Program/Medical	1-908-668-2328	6
Home Care / Hospice	1-908-668-2253	19
Mobile Outreach for Psychiatric Emergencies	1-908-688-2599	7
Solaris Health System - "Life Line"	1-800-579-3341	13
<b>MULTI-JURISDICTIONAL HOUSING REHABILITATION PROGRAM, UNION COUNTY</b>	1-732-382-8100	29
<b>MULTIPLE SCLEROSIS SOCIETY</b>	1-201-967-5599	36
Client Services	1-201-986-7539	
<b>MUNICIPAL WELFARE DEPARTMENTS</b>		16
Contact your local city or town.		

## N

<b>NEW EYES FOR THE NEEDY, INC.</b>	1-973-376-4903	42
<b>NEW JERSEY ASSOCIATION OF THE DEAF - BLIND</b>	1-732-805-1912	18
<b>NEW JERSEY CARE - Special Medicaid Program</b>	1-908-965-3509	31
<b>NEW JERSEY DENTAL SCHOOL</b>	1-973-972-4242	
<b>NEW JERSEY DEPT. OF HEALTH</b>	1-800-792-9770	
<b>NEW JERSEY DEPT. OF THE TREASURY - Tax Info</b>	1-973-648-4700	16
<b>NEW JERSEY DIV. OF THE DEAF &amp; HARD OF HEARING</b>	1-800-792-8339	18
<b>NEW JERSEY DIV. OF VOCATIONAL REHABILITATION</b>	1-908-820-3112	12
<b>NEW JERSEY FOUNDATION FOR THE BLIND</b>	1-973-627-0055	42

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>NEW JERSEY INHERITANCE TAX</b>	<b>1-973-648-3486</b>	<b>16</b>
<b>NEW JERSEY LIBRARY FOR THE BLIND &amp; HANDICAPPED</b>	<b>1-800-792-8322</b>	<b>42</b>
<b>NEW JERSEY MEDICARE OFFICE</b>	<b>1-800-462-9306</b>	<b>31</b>
<b>NEW JERSEY SHARES - Financial Assistance</b>	<b>1-866-657-4273</b>	<b>16</b>
<b>NEW JERSEY STATE COMMISSION FOR THE BLIND</b>	<b>1-732-255-0720</b>	<b>43</b>
<b>NEW JERSEY TRANSIT - Reduced Fares &amp; Bus/Rail Info</b>	<b>1-973-275-5555</b> <b>1-973-378-6401</b>	<b>41</b>
<b>NEW PROVIDENCE SENIOR CENTER</b>	<b>1-908-665-0046</b>	<b>38</b>
<b>NJEASE - New Jersey Easy Access Single Entry</b>	<b>1-877-222-3737</b>	
<b>NORWOOD TERRACE HEALTH CENTER</b>	<b>1-908-769-1400</b>	<b>27</b>
<b>NURSING HOMES (Refer to HOUSING)</b>		<b>25</b>
<b>NURSING HOME INFORMATION</b>	<b>1-908-497-3950</b>	<b>5</b>
<b>NURSING HOME REPORT CARD WEBSITE</b>		<b>27</b>
<b>NUTRITION PROGRAM FOR SENIORS</b>	<b>1-908-527-4877</b>	<b>31</b>
<b>ANN FERGUSON TOWERS - Linden</b>	<b>1-908-298-3820</b>	<b>31</b>
<b>BETHEL A.M.E. CHURCH - Vauxhall</b>	<b>1-908-964-1282</b>	<b>31</b>
<b>CASANO CENTER - Roselle Park</b>	<b>1-908-245-9150</b>	<b>31</b>
<b>CRANFORD-LINCOLN SENIOR APTS. - Cranford</b>	<b>1-908-931-0194</b>	<b>32</b>
<b>EHRHART GARDENS - Union</b>	<b>1-908-688-0565</b>	<b>32</b>
<b>FARLEY TOWERS - Elizabeth</b>	<b>1-908-965-2454</b>	<b>32</b>
<b>GREGORIO CENTER - Linden</b>	<b>1-908-474-8629</b>	<b>32</b>
<b>HILLSIDE COMMUNITY CENTER - Hillside</b>	<b>1-908-355-8928</b>	<b>32</b>
<b>JAMES F. BUCKLE CENTER - Winfield</b>	<b>1-908-925-2014</b>	<b>32</b>
<b>JEWISH COMMUNITY CENTER - Scotch Plains / Kosher Site</b>	<b>1-908-889-8800</b>	<b>32</b>
<b>JFK SENIOR APTS. - Rahway</b>	<b>1-732-382-4188</b>	<b>32</b>
<b>KENILWORTH SENIOR CENTER - Kenilworth</b>	<b>1-908-272-7743</b>	<b>32</b>
<b>LIBERTY SQUARE SENIOR CENTER - Elizabeth</b>	<b>1-908-820-4700</b>	<b>32</b>
<b>MORNINGSTAR COURT - Linden</b>	<b>1-908-486-8200</b>	<b>32</b>
<b>O'DONNELL-DEMPSEY SENIOR CENTER - Elizabeth</b>	<b>1-908-354-7431</b>	<b>32,38</b>
<b>PETERSTOWN COMMUNITY CENTER - Elizabeth</b>	<b>1-908-353-9806</b>	<b>33</b>
<b>PLAINFIELD TOWER WEST - Plainfield</b>	<b>1-908-668-1963</b>	<b>33</b>
<b>RICHMOND TOWERS - Plainfield</b>	<b>1-908-769-6335</b> <b>ext. 608</b>	<b>33</b>
<b>ROSELLE COMMUNITY CENTER - Roselle</b>	<b>1-908-245-6717</b>	<b>33</b>
<b>SCHAEFER GARDENS - Union</b>	<b>1-908-964-9343</b>	<b>33</b>
<b>STEVEN SAMPSON SENIOR CENTER - Elizabeth</b>	<b>1-908-820-4704</b>	<b>33</b>
<b>UNION TOWNSHIP SENIOR CENTER</b>	<b>1-908-851-5293</b>	<b>33</b>
<b>WESTFIELD COMMUNITY CENTER - Westfield</b>	<b>1-908-232-4759</b>	<b>33</b>
<b>YM-YWHA - Union / Kosher Site</b>	<b>1-908-289-8112</b>	<b>33</b>
<b>O</b>		
<b>O'DONNELL-DEMPSEY SENIOR CENTER</b>	<b>1-908-354-7431</b>	<b>32,38</b>
<b>OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS</b>	<b>1-609-530-8810</b>	<b>5,7</b>
<b>OFFICE FOR THE DISABLED, UNION COUNTY</b>	<b>1-908-527-4807</b>	<b>5,39</b>
<b>OLDER WORKER PROGRAM (UCDOA)</b>	<b>1-908-527-4858</b>	<b>14</b>

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>OLDER WORKERS BENEFIT PROTECTION</b>	<b>1-202-663-4692</b>	<b>14</b>
<b>OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY</b>	<b>1-609-943-4023</b>	<b>5,7,39</b>
<b>Elderly Abuse HOTLINE</b>	<b>1-877-582-6995</b>	<b>5,7,39</b>
<b>OMBUDSMAN for Environmental Issues (heat, air quality, etc.)</b>	<b>1-800-792-9770</b>	
<b>OVERLOOK HOSPITAL</b>	<b>1-908-522-2000</b>	<b>21</b>
Dental Clinic	<b>1-908-522-2901</b>	<b>35</b>
Geriatric Assessment Program	<b>1-908-522-2901</b>	<b>17</b>

**P**

<b>PARATRANSIT SYSTEM, UNION CO. - Reservations</b>	<b>1-908-241-8300</b>	<b>5,40</b>
<b>PARKINSON'S DISEASE ASSOCIATION, AMERICAN</b>		
Robert Wood Johnson University Hospital	<b>1-732-745-7520</b>	<b>36</b>
<b>PARKINSONIAN SOCIETY OF CENTRAL NJ – Support Group</b>	<b>1-908-233-0310</b>	<b>36</b>
<b>PARKS, STATE PASSES FOR SENIORS</b>	<b>1-800-843-6420</b>	<b>3</b>
<b>PARKS AND RECREATION, UNION COUNTY DIVISION OF</b>	<b>1-908-527-4900</b>	<b>5</b>
<b>PASSPORT INFORMATION</b>	Elizabeth:	<b>5</b>
	Westfield:	<b>5</b>
<b>PETERSTOWN COMMUNITY CENTER</b>	<b>1-908-353-9806</b>	<b>38</b>
<b>PHARMACEUTICAL ASSISTANCE PLAN (P.A.A.D.)</b>	<b>1-800-792-9745</b>	<b>16</b>
<b>PLAINFIELD SENIOR SERVICE PROGRAM</b>	<b>1-908-753-3506</b>	<b>38</b>
<b>POISON CONTROL CENTER, N.J.</b>	Emergency: 911	<b>1-800-POISON-1</b>
		<b>1-800-774-7761</b>
<b>PREVENTION LINKS, INC.</b>	<b>1-732-381-4100</b>	<b>8</b>
<b>PROCEED, INC.</b>	<i>www.info@proceedinc.com</i>	
Bilingual Services	<b>1-908-351-7727</b>	<b>8,10,39</b>
Alcoholism	<b>1-908-351-7727</b>	<b>8</b>
Counseling	<b>1-908-351-7727</b>	<b>10</b>
Home Energy Assistance	<b>1-908-351-7727</b>	<b>5,15</b>
Senior Citizen Advocacy	<b>1-908-351-7727</b>	<b>39</b>
<b>PROFESSIONAL SERVICE GROUP</b>	<b>1-732-418-3304</b>	<b>14</b>
<b>PROJECT LIFESAVER PROGRAM - U.C. Sheriff's Office</b>	<b>1-908-273-1608</b>	<b>13</b>
<b>PROTECTIVE SERVICES, ADULT</b>	<b>1-908-497-3902</b>	<b>7</b>
<b>PUBLIC DEFENDER, UNION COUNTY</b>	<b>1-908-820-3260</b>	<b>30</b>
<b>PSYCHIATRIC EMERGENCY SVC. - Mental Health Hotline</b>	<b>1-908-668-2599</b>	<b>5,7,10</b>
<b>PSYCHIATRIC EMERGENCY SVCS. - Mobile Outreach</b>	<b>1-908-668-2599</b>	<b>7</b>
<b>PUBLIC GUARDIAN FOR ELDERLY, OFFICE OF</b>	<b>1-609-341-5555</b>	<b>5,7</b>
<b>PUBLIC HEALTH NURSING BUREAU / ELIZABETH</b>	<b>1-908-820-4000</b>	<b>19</b>

**R**

<b>RAHWAY COMMUNITY ACTION ORGANIZATION, INC.</b>	<b>1-732-382-9311</b>	<b>39</b>
<b>RAHWAY HOSPITAL</b>	<b>1-732-381-4200</b>	<b>21</b>
Counseling	<b>1-732-381-4200</b>	<b>10</b>
Hospice Program	<b>1-732-499-6169</b>	<b>20</b>

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>RAHWAY SENIOR CITIZENS CENTER</b>	1-732-827-2016	38
<b>RED CROSS (See American Red Cross)</b>		40
<b>REDUCED FARE PROGRAM - NJ Transit</b>	1-908-527-4870	41
<b>RELAY SERVICE – TTY (for hearing impaired)</b>	7-1-1	
<b>REPAIRS / HANDYMAN PROGRAMS</b>		28
<b>RESOURCE CENTER FOR WOMEN - Counseling</b>	1-908-273-7253	10
<b>RESPIRE CARE PROGRAM, STATEWIDE (UCDOA)</b>	1-908-527-4873	19
<b>RETIRED SENIOR VOLUNTEERS PROGRAM (R.S.V.P.)</b>	1-908-354-3040	43
<b>REVERSE MORTGAGES: HUD Counseling (Urban League)</b>	1-908-351-7200	16
<b>ROSELLE COMMUNITY CENTER</b>	1-908-245-6717	38
<b>RUNNELLS SPECIALIZED HOSPITAL OF UNION COUNTY</b>	1-908-771-5700	20,21,27,36,43
<b>RUTGERS COOPERATIVE EXTENSION OF UC</b>	1-908-654-9854	12

**S**

<b>SAGE - Home Health Care</b>	1-908-273-8400	19
Home Delivered Meals	1-908-273-5554	34
Spend-A-Day Adult Day Center	1-908-598-5520	6
SHIP (State Health Insurance Program)	1-908-273-6999	31
Resale Shop	1-908-273-5564	
Volunteer Program	1-908-273-8400	43
<b>SALVATION ARMY - Elizabeth</b>	1-908-352-7057	
- Plainfield	1-908-756-2595	
<b>SARAH BAILEY CIVIC CENTER</b>	1-973-912-2227	38
<b>SCOTCH PLAINS RECREATION DEPARTMENT</b>	1-908-322-6700	38
<b>SECOND HOME (2<sup>ND</sup> HOME) DAY CARE CENTER</b>	1-908-436-0018	6
<b>SELF-HELP GROUP CLEARING HOUSE - Education/Support Groups</b>	1-800-367-6274	12,36,40
<b>SENIOR ADULT FRAIL ELDERLY CENTER - Counseling</b>	1-908-497-3950	10
<b>SENIOR CITIZENS ADVOCACY</b>		39
<b>SENIOR CITIZENS BUSES</b>		41
<b>SENIOR CITIZEN CENTERS</b>		37,38
<b>SENIOR CITIZENS COUNCIL OF UNION COUNTY, INC.</b>		
Advocacy	1-908-964-7555	39
Financial Assistance	1-908-964-7555	16
Home Repairs	1-908-964-7555	28
<b>SENIOR CITIZENS MEDICAL COURTESY PROGRAM</b>	1-908-964-7555	31
<b>SENIOR GOLD PRESCRIPTION DISCOUNT PROGRAM</b>	1-800-792-9745	16
<b>SENIOR HOUSING: Refer to Housing Information</b>		
<b>SENIOR SCHOLARS – Union County College</b>	1-908-709-7600	12
<b>SENIOR SPIRIT MEDICAL DAY CENTER</b>	1-908-620-1889	6
<b>SENIOR TRANSPORTATION - Reservations</b>	1-908-241-8300	5,40
<b>SETON CENTER FOR CHEMICAL DEPENDENCY</b>	1-908-353-8830	8
<b>SHIP (State Health Insurance Program)</b>	1-908-273-6999	31
<b>SHERIFF, UNION COUNTY</b>	1-908-527-4450	
Project Lifesaver Program	1-908-273-1608	

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>SOCIAL SECURITY / MEDICARE</b> ( <a href="http://www.ssa.gov">www.ssa.gov</a> )	1-800-772-1213	5,16
<b>SOCIAL SERVICES, UNION COUNTY DIVISION OF</b> Elizabeth:	1-908-965-2700	16,30
Plainfield:	1-908-791-7000	
<b>SOLARIS HEALTH SYSTEM - "Life Line" Emergency Response</b>	1-800-579-3341	13
<b>SPEECH &amp; HEARING CLINIC</b> (Kean University)	1-908-527-2218	36
<b>SPEND-A-DAY - SAGE Adult Day Center</b>	1-908-598-5520	6
<b>ST. BARNABAS AMBULATORY CARE CENTER</b> Geriatric Assessment Program	1-973-322-7988	17
<b>STATE MOTOR VEHICLE COMMISSION</b>	1-888-486-3339	41
<b>STATE DIVISION ON CIVIL RIGHTS</b>	1-973-648-2700	30
<b>STATE EMPLOYMENT SERVICE / Workforce Of NJ</b>	1-908-820-3200	15
<b>STATE HEALTH INSURANCE PROGRAM (S.H.I.P.)</b>	1-908-273-6999	31
<b>STATEWIDE RESPITE CARE PROGRAM - Home Care</b>	1-908-527-4873	19
<b>SUPPORT GROUP INFORMATION</b> UCDOA:	1-908-527-4870	40
Self-Help Group Clearing House:	1-800-367-6274	40
<b>SURROGATE, UNION COUNTY - Wills / Probate</b>	1-908-527-4280	30

**T**

<b>TAX-AID PROGRAM, INCOME TAX, UNION COUNTY</b>	1-908-497-3950	16
	1-908-354-3040	
<b>TAXATION BOARD, UNION COUNTY</b>	1-908-527-4775	17
<b>TAXATION, STATE DIVISION</b> Touch-Tone Phone:	1-800-323-4400	17
Rotary Dial Phone:	1-609-292-6400	
New Jersey FAIR Rebate Tax Information	1-877-658-2972	
Property Tax Reimbursement (Senior Freeze)	1-800-882-6597	
Website: <a href="http://www.state.nj.us/treasury/taxation">www.state.nj.us/treasury/taxation</a>		
<b>TELEPHONE REASSURANCE</b>		40
<b>TRANSPORTATION SERVICES</b>		41
<b>TREASURY, NEW JERSEY DEPARTMENT OF</b>	1-973-648-4700	16
<b>TRINITAS REGIONAL MEDICAL CENTER</b>	1-908-994-8600	21
	1-908-994-5000	
Alcohol Heroin Outpatient Treatment; DETOX	1-908-965-7043	8
Counseling Services	1-908-276-2244	9
Geriatric Assessment Program	1-908-994-7336	10
Kinship Connection (HIV/AIDS; Grandparents Raising Grandchildren)	1-908-994-7460	36
The Wound Healing Center	1-908-994-5480	

**U**

<b>U.C.P.C. / PLAINFIELD - Counseling</b>	1-908-756-6870	11
<b>U.C.P.C. / UNION - Counseling</b>	1-908-686-0560	11
<b>UNION COUNTY ALCOHOLISM &amp; DRUG ABUSE COORD.</b>	1-908-527-4837	8

**INDEX**

<b>ORGANIZATION / SERVICE</b>	<b>PHONE</b>	<b>PAGE</b>
<b>UNION COUNTY COLLEGE</b>	<b>1-908-709-7000</b>	
<b>UNION COUNTY COLLEGE - Senior Scholars</b>	<b>1-908-709-7600</b>	<b>11</b>
<b>UNION COUNTY DIVISION ON AGING (UCDOA)</b>	<b>1-888-280-8226</b>	<b>1,5</b>
Information & Assistance	<b>1-908-527-4870</b>	<b>1,5</b>
Main Numbers	<b>1-908-527-4870</b>	
	<b>1-908-527-4872</b>	
Nutrition Program For The Elderly	<b>1-908-527-4877</b>	<b>31</b>
Older Worker Program	<b>1-908-527-4858</b>	<b>14</b>
Outreach Program	<b>1-908-527-4858</b>	
Statewide Respite Care Program	<b>1-908-527-4873</b>	<b>19</b>
Support Group Information	<b>1-908-527-4870</b>	<b>40</b>
<b>UNION COUNTY DIVISION OF CONSUMER AFFAIRS</b>	<b>1-908-654-9840</b>	<b>5,9</b>
<b>UNION COUNTY DIVISION OF PARKS AND RECREATION</b>	<b>1-908-527-4900</b>	<b>5</b>
<b>UNION COUNTY DIVISION OF SOCIAL SERVICES</b>		<b>16,17,30</b>
<b>UNION COUNTY MULTI – JURISDICTIONAL HOUSING REHAB.</b>	<b>1-732-382-8100</b>	<b>29</b>
<b>UNION COUNTY OFFICE FOR THE DISABLED</b>	<b>1-908-527-4807</b>	<b>5,36,39</b>
<b>UNION COUNTY OFFICE OF VETERANS AFFAIRS</b>	<b>1-908-527-4946</b>	<b>42</b>
<b>UNION COUNTY PARATRANSIT SYSTEM</b>	<b>1-908-241-8300</b>	<b>40</b>
<b>UNION COUNTY TAXATION BOARD</b>	<b>1-908-527-4775</b>	<b>17</b>
<b>UNION TOWNSHIP COMMUNITY ACTION ORG., INC.</b>	<b>1-908-686-6150</b>	<b>15</b>
Employment - Union Twp. Residents Only		
Home Care - Union Twp. Residents Only	<b>1-908-686-6150</b>	<b>19</b>
<b>UNION TOWNSHIP COMMUNITY DEVELOPMENT</b>	<b>1-908-810-7071</b>	<b>29</b>
<b>UNITED FAMILY &amp; CHILDREN'S SOCIETY</b>	<b>1-908-755-4848</b>	<b>11</b>
<b>UNIVERSITY OF MEDICINE &amp; DENTISTRY (UMDNJ) – Dental</b>	<b>1-908-889-2410</b>	<b>35</b>
<b>UNIVERSITY WITHOUT WALLS, DOROT</b>	<b>1-212-769-2850</b>	<b>12</b>
<b>URBAN LEAGUE</b>	<b>1-908-351-7200</b>	
Emergency Assistance with Utilities, Shelter, Food Vouchers		<b>17</b>
Reverse Mortgages / HUD Counseling		<b>16,17,29</b>
<b>U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION</b>	<b>1-800-669-4000</b>	<b>15</b>
<b>V</b>		
<b>VETERANS ADMINISTRATION, UNITED STATES</b>	<b>1-800-827-1000</b>	<b>43</b>
<b>VETERANS ADMINISTRATION MEDICAL CENTER</b>	<b>1-973-676-1000</b>	
For Hearing Impaired / Visually Impaired	<b>ext. 1842</b>	<b>18,43</b>
<b>VETERANS AFFAIRS, UNION COUNTY OFFICE OF</b>	<b>1-908-527-4946</b>	<b>42</b>
<b>VETERAN SERVICES, NEW JERSEY BUREAU OF</b>	<b>1-908-820-3133</b>	<b>42</b>
<b>VICTIM / WITNESS ASSISTANCE PROGRAM</b>	<b>1-908-527-4596</b>	<b>7</b>
<b>VIOLENT CRIMES COMPENSATION BOARD</b>	<b>1-800-242-0804</b>	<b>17,30</b>
<b>VISION IMPAIRED SERVICES</b>		<b>42</b>
<b>VISITING DENTAL ASSOCIATES</b>	<b>1-201-670-0097</b>	<b>35</b>
<b>VISITING PHYSICIAN</b>	<b>1-732-571-1000</b>	<b>35</b>
	<b>1-888-771-3338</b>	
<b>VOCATIONAL REHABILITATION, NJ DIVISION OF</b>	<b>1-908-820-3112</b>	<b>12</b>
<b>VOLUNTEER OPPORTUNITIES</b>		<b>43</b>

INDEX

ORGANIZATION / SERVICE	PHONE	PAGE
------------------------	-------	------

**W**

WESTFIELD MOBILE MEALS	1-908-233-6146	34
WESTFIELD COMMUNITY CENTER ASSOCIATION	1-908-232-4759	33
WIC - Women, Infants & Children	1-908-994-5141	36
WISE CENTER - Adult Day Care - Social	1-908-687-2995	7
WISE CENTER - Emergency Response System	1-908-687-2995	13
WOMEN & FAMILIES, CENTER FOR - Counseling	1-908-232-6007	11
WORKFORCE OF NJ STATE EMPLOYMENT SERVICE		15
	Elizabeth: 1-908-820-3200	
	Plainfield: 1-908-412-7982	
WORKFORCE 55+	1-908-412-7969	15

**Y**

YM-YWHA - A Jewish Community Center - Kosher Site	1-908-289-8112	38
YMCA - Plainfield Area	1-908-756-6060	5,21
YWCA - Eastern Union County	1-908-355-1500	5,21
YWCA - Plainfield Area Women's Center	1-908-756-3500	5,21
YOUTH & FAMILY COUNSELING SERVICE	1-908-233-2042	11